



1994



THE SACRED HEART SCHOOL OF MONTREAL

**3635 Atwater Avenue
Montréal, Québec
H3H 1Y4**

ADMINISTRATION



Headmistress's Address

As I write this message to you, the graduates of 1994, you are still attending classes at Sacred Heart, trying to maintain a focus on school work while thinking ahead to the end of your years here. By the time you read these words, however, you will be attending classes elsewhere, engaged in new beginnings. Your years at Sacred Heart have offered you many opportunities for expanding your horizons, for developing your gifts, for nurturing relationships. Each of you has responded differently; each has grown in a unique fashion. It is now your challenge to continue to grow, to make choices and commitments which call forth the best in yourselves. May you always find companionship along the way, and may you return often to your Sacred Heart home.

Mary Burns



Miss McGurk
Director of Studies



Mrs. Flynn
Director of Students



Mrs. McNally
Guidance Counsellor

STAFF A C U L T Y



S T A F F F A C U L T Y



Mrs. Mastropasqua, Mrs. Cochrane



Miss de Mello



Mrs. Sabourin



Mrs. Filipovich



Miss Potter



Miss Bruce



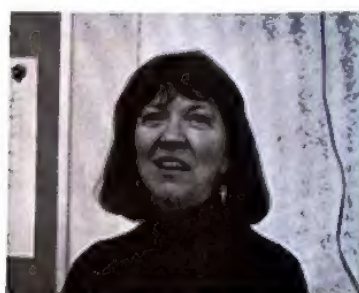
Mme Habachi, M. Guyon, Mme Lamarre



Miss Antonini, Mrs. Simon, Ms. Vogt, Ms. Thomas



Mme Anderson



Mrs. Cardone



Mr. Kousik



Mrs. Kular



Mr. Shaw, Miss Mastro



Ms. Gendron, Mrs. Kluggerman



Ms. Arseneault



Miss Martel



Mrs. Brues



Mrs. Barnett



Mrs. Wilson



Miss Vaupshas



Miss Mac Lellan



Mrs. Cumming



Mrs. Crowe



Miss DiPalma, Mme Saucier



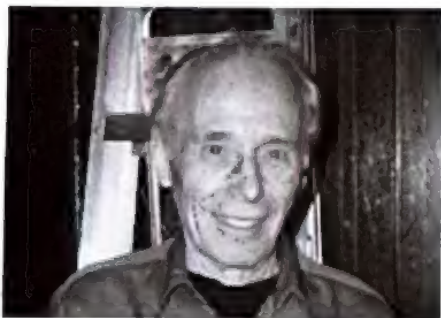
Mr. Salman



Kitchen Staff



Daisy



Mr. Lamouche



Mr. Bissonnette



Mr. Allman



CLASS OF . . .



UNDERGRADS

UNDERGRADS



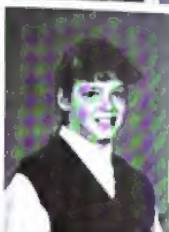
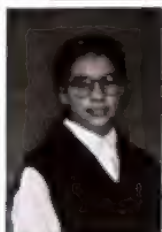
CLASS OF . . .

SECONDARY I

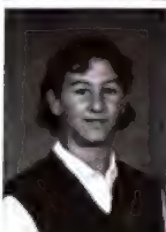
A. Abrokwa-
Ampadu
D. Augustin
M. Azar
E. Bresba
J. Brisebois
K. Brown
A. Calcagnile



L. Cannata
S. Curtin
J. De La Cruz
E. Dillon
C. Dimnik
C. Eustace
T. Fisher



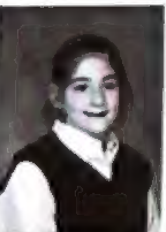
T. Giunta
T. Grumberg
C. Hannouche



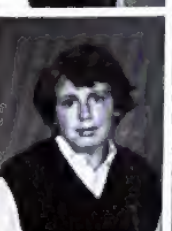
L. Hattem
M. Heathcote
S. Howick



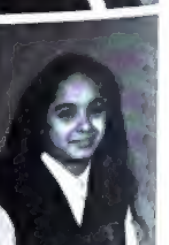
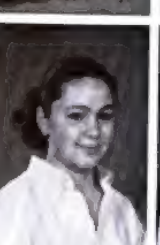
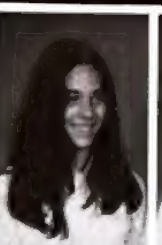
R. Jarjour
M.
Kalogeropoulos
E. Kavanagh



D. Khan
R. King
T. Kokinasidis



L. Kuyumciyan
A. Le Guen
S. Lin
K. Lloyd
S. Lopez
C. Ma
R. Maloni



CLASS OF 1998



N McGrath
J McMahon
C Messina
Z Mueller
T Nguyen
T Paluzzi
E Parziale



A Pastorelli
T Perre



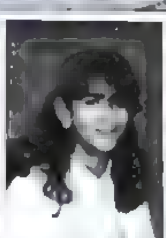
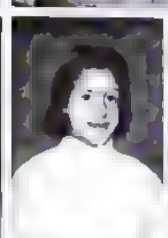
M Pellegrino
F Peter



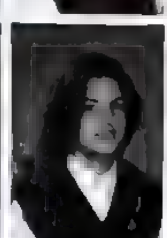
T Popovac
A Reid



V Reis
E Ricci
D Ritter
S Rizzo
I Rudinskas
N Salvaggio
H Scott



A Serravalle
M Short
J Singh
V Spyropoulos
G Subido
T Tassone
D Thibeault



M Thynar
K Vrinotis
M Waldin
M Wassef
J Wildgust
T Yang
C Ziten



SECONDARY II

M Afzal
E Ahlgren
J Ah Sue
T Aldred
A Alter
K Alvarez
S Andrade

R Aquino
S Atendido
J Auger
S Augustin

C Barakett
C Beauchamp
C Brassard
C Brena

H Brodenick
C Calimlim
C Canlas
M Carter
H Chan
C Charlebois
R Coelho

C Dahiroc
S Darwish
M Di Stefano
C Dickson
K Dimnik
L Dore
K Durrell

S Farr
A Frascione
H Gahunia
S Gales
J Glowacki
F Grammatikakis
V Guevremont

M. Hanna
A Harrison
X Hatzithomas
A Holowka
K Ingram
A Issa
S Joseph



CLASS OF 1997



V Kahrita
S Kakebecke
C Karam
T Kerklaan
I Khan
S Khan
C Kosiuk

M Lafreniere
A. Lagopoulos
N Laurin
S Levine
A Little
M Lontoc-Roy
A Maloni

S Marra
J. Mikolajewski
H. Murphy
D Nankot

L. Niruch
S. Panunto
I. Park
S. Patel

C Poon
K Potvin
M. Quinto
E. Ramos

J. Rankin
J. Rawlings
G. Romanelli
M. Rotondo
L. Ruggins
F. Sydney
J. Tapado

M. Tomizawa
M. Tsang
J. Tupaz
E. Villavera
N. Wildgust
L. Yiptong
H. Yokenderan

SECONDARY III

A Aloe
N Bansal
Z Barracough
S Brandreth
R Calimlim
L Calvo
A Cerroni

A Chong Kwan
T Cinquino
P Cleary
K Constantine
M Costaguta
M De La Cruz
C De Souza

S Di Lallo
A Duchesne
M Duprey
J Finnigan
C Flannery
Z Franklin
T Galluccio

M Garratt
M Gianfrancesco
A Gibbons
L Guzzo
U Harasymowicz
C Hedrei
S Husain

C Jeffers
M Jelowski
P Judge
M Kalloo
M Kanis
W. La Torella
A Lam

M Lam Heung
Ko
A Lamba
A Law
S Lee
E Lofranco
S Mangahas
L Mann

L. Manon-Og
L Marino
J Mason
J. McClymont
E. McConomy
V. Minkoff
J. Minorgan



CLASS OF 1996



C. Mohammed
S. Molinaro
A. Molluso
S. Moreira
C. Moussette
K. Munt
G. Ng Kan

K. Nguyen
P. Ottom
S. Padamadan

T. Panda
C. Pastor
L. Penney

M. Pezdek
M. Powell
M. Qunto

R. Reginald
E. Risacher
L. Rossy
J. Sarc
K. Sassine
D. Savidant
S. Schiavi

E. Szego
A. Teofilovici
I. Tetenes
J. Timmuns
A. Tzemopoulos
G. Vallerand
M. Villapando

J. Warwick
N. Wassef
L. Whissell
J. Wong
O. Wu
C. Yau
N. Zakhary

SECONDARY IV

E. Allio
N. Argueso
E. Arkolakis
V. Bartolomei
E. Beauregard
C. Berckman
I. Bilodeau

C. Biniecki
M. Bissonnette
J. Brennan
N. Camacho

E. Cardarelli
E. Casella
H. Cheng
L. Chipman

C. Choi
S. Czuba
E. Dalzell
M. De Vito

T. Del Campo
S. Dodwell
N. Fato
A. Feeney
C. Fogarty
L. Galluccio
C. Giannandrea

A. Girolami
R. Goulet
S. Gurd
H. Handinero
N. Handinero
K. Heese
S. Herico

L. Iacobacci
S. Issa
O. Jelowski
J. Karpas
E. Khoury
M. Klammer
H. Kong



CLASS OF 1995



K Kopytov
A Kuskowska
A Lemieux
G Lontoc-Iloy
A Ma
E MacPherson
J Mascunana

K McAuliffe
K Ming
L Morantz
T Nahornak
R
Narasimhadavara
E Nimrod
D Padarnadan

M Penney
B Plamondon
B Quinlan
D Rainford
K Rawlings
N
Rinfret-Raynor
D Ruggins

D Ruiz
A Sabelli
R Scalia
C Seng Yue

S Smith
F Sydney
C Taddeo
M Talajc

C Temcheff
L Terrenzio
C Tiseo
A Tupaz

A Vellucci
M Villanueva
T Villanyi-Bokor
J. Wong
L
Wong Kai Pun
P. Yiptong
C. Yum

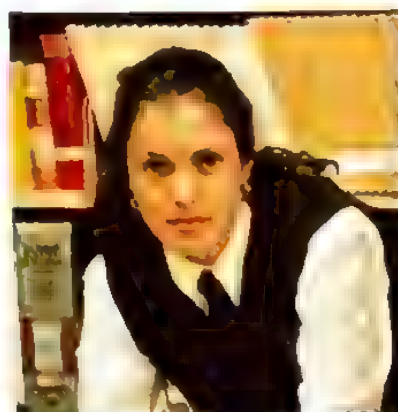
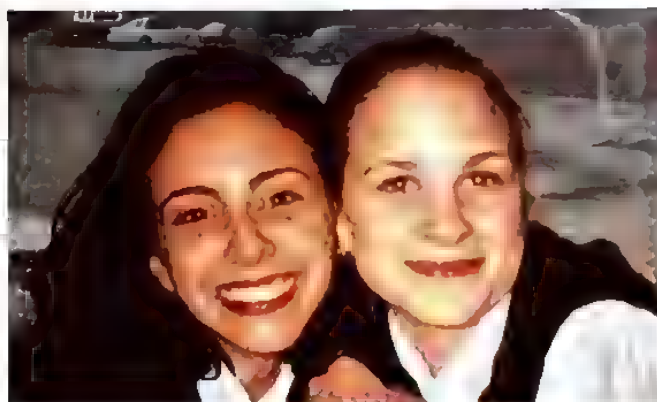
THE UNDERGRADS AT THEIR BEST





CLASS OF 1994

GRADUATES



GRADUATES

CLASS OF 1994



ALLISON ABRIGO

aka All/ah - Baba & Shorty Acts: Soccer Basketball, Track & Field, Vocal & PRE-FECTS '93. Mem' *JUVY B-BALL CHAMPS 92-93 / LaRonde / Summers in USA!* Trish + Alli = *STRESS (GAA PREZ)* Dr. Deepa - *deep* conversation ANG-GS Retreat! Nat - Promise to take me out! Chris - coz' *FOREVER* / Marie - My *SISTA*'Ning - *Always & Forever* my *Bestest* coz! To my GAAs Thanx for making it a great year! To TS NT DY AO KD CA DT CB MS JM CC KA AW *THANK FOR THE MEMORIES!* SN - froth & All SEC'v's *GOOD LUCK!* Val, Shan, Ron, Jo, Mitch, Lori, Mel, My, Gen, Sel, Twins & *CHIT I'LL MISS YA!* Mom, Dad, Kuy, Ate, Aud & *FAMILY LOVE AND THANKS FOR EVERYTHING!* All of u not mentioned not 4gotten! *Someday I'll find him!* *BEST* things *COME* in *SMALL* packages! Success *ONLY* limited *BY* desire!

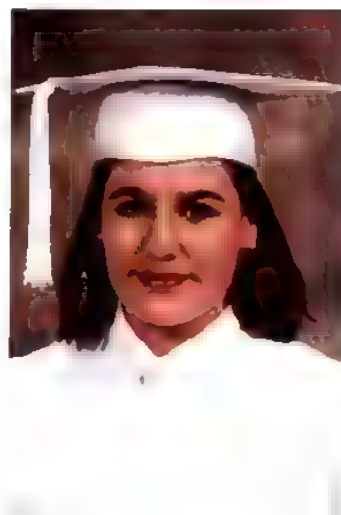
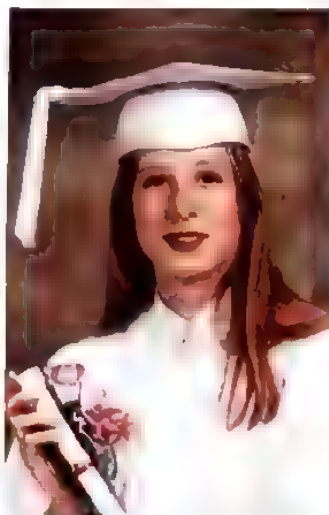
STEPHANIE ANDRADE

Walks To The Forum, Sports Scores On The Board & Gazette Days In The Ref. Rm CC Luvs AJ, Tina Is A Disco Queen. Cyn, Can I Talk? Claud, How Goes It? Boots, Phineas, Newanda 4a Mon. Morn. Football W / Karen, Spl! The Uprights! FSU, Texas A & M, Dallas, Troy, Steve Is 4-ever Young Cults, JFK, Ur Sleep-overs, Catrape, Options (Because He Had None) U Think? Julie The Pro. Phineas Is Alive & So Is Koresh (They Havn't Found His Dental Plates) Obsessions W / Billy Phineas & Musk. Dancing To "Lollipop" Every where, Lisa! Thal's Not Easy What I Just Did! Paula & Dark shadows, Hair-nets & Fries Sheen, André & Shannon Rule! Jazz, Call Me In Nov. The World Series Is On! Run! Inter Dreams W / DY & TS On The Bus. KA, LC, EW, Luv U All! Mrs. Cochrane, Mr. Kousik, Mr. Shaw & Foxy Roxy Thank U 4 Putting Up W/Me. Al. 4-1 & 1 - 4 All!



STEPHANIE ANSELL

Carlos, where it all began. Caesars! Champagne anyone? TA chugging from a baby bottle. Rosemere Alpine skiing & Robots Big "O" SS week living alone Visions thank Yu . . . Growing. *SABBY!!* DJ's Week-old Rye bread . . . Extreme & the rest *the Dome is on fire SAB & JAS* McDonald's refills & an oreo cookie waiting too long! *England & France??* Thanks to everyone who made me feel at home here, especially Sabrina S, Renee G, Tracey A, Andrea G and the others JM, SN, MB and all, Undeafed. Thank you Mom, Dad & Chuck. *Let's Play Rugby!* Life's full of heart breaking endings (K.T) I'll never forget the past, but life is also filled with exciting new beginnings. It is time to move on . . .



KAREN ASHJIAN

Good Luck Grads Of 94 Esp *Lyndy!* Call U When I Marry A Kennedy Julie! So Mean But I Luv It *Darls* Have A Sa & Happy Weekend *Tani* Summers W UR The Best I Luv Special "K" Nat Than 4 All The Smiles Pugnose Karen A Sh Buzz Will Suffice Then U Smiled 4 A Sec, ond *Marie* 'Scuse Me I'd Like 2 Get By Now *Claud* My Lathargic Pie Eating Too Drinking Fiend *Stephy* Monday Morning Football Scores & Highlights Split The Uprights Then There Was Aikman Who A Babe Dallas Cowboys 4ever "Young Texas Cults Breakfast Club W/Erin Deep AKA Dingding, Poukie Luvs U Chery Chem: Is She Talking 2 Us Or Herse, Chris My Hateful Fiend Ang Hi Sweety *Nettie* Ma Croissant Avec Du Beurre *All son* Ure My Favorite Digbian Thats U Daddy & Lisa, Mrs. Cochrane & Mimi Habachi 4 All Ure Help I Can't Believe It's Over *** Kiss Me Goodbye



CHERYL ATENDIDO

Call me Share-all / CA / Squirt / Thumper / Barathread, 93 Mgr of VE & one of da hup Sopl's. Pub-leez! Doz D Word DUH mean anyting 2U? Ya? Ya! No Way? Way! Word (slap) Ow! Stop whining. Warm it up CHRIS wuz up w/ D AT-TI-TUDE, Hey RIE! Reality Check! DAR eco-class, NAT U'll alwaze B my babylala, DEEPA never 4get our DEEP talks, TRISH OreO'R'us, KAREN chem-class: go ask Deepa, JUL 215-16, ANG jus wanna BuR teddy bear, ALLIE still taller than U.94 Prefects - Master of Procrastination, girls in D corner, 4C was awsl! BEC Soul Sisters AKA: Gangsta B's "In D sull of da nite" B2M. *Thank to a beautiful family: Mom, Dad, Sharon & 94 grads. Words can't express the memories I'll take w / me "It's so hard to say goodbye to yesterday."* B2M.

TRACEY-ANNE AZEFF

Whad'ya mean Im graduating? Comments MB? Sat. am W / SN. SUMMER w TL. Storm 91 AL & AG. Drinking w/baby bottle. Guys - stop picking FLOWERS. *FUN-DAY* w LM. Im not a social b-fly JC & SA SAB - Im sleeping over, NOT! PS, KC? Conquering fear w/NB. My 3 fantasies - I HATE jello! CS, CK - its Bfast 4UR head. Im not anorexic; ZO wanna go 2Y? Thanx CF! KK 86 -go CIT 93! LCC boyz - TO, TS, LC, LL, MG, HW, JB. DURRY! ANCHOVY skiing w MS, MK. Thanx 2 miracle teacher - JW. THNX GVNG at DG w CK HILL & AIM - my special buds. THE FROG SPANISH 93. NOAH - UR the sunshine in its glory. Mom, Dad, Jules, Greg - im no hippie!, Bill & Lady - I LOVE U INFINITY. Gamrs you ROCK! Good Luck GRADS! CLINTON RULES. "Nothing left to do but smile, smile, smile . . ." - Grateful Dead PS. Undeafated!





MARISA BACCHIOCHI

"And the goodbye makes the journey harder still." C. Stevens Talks w / SN in science. I dare u TL + quit it. Funday. Superman! Ed. in mails w / CS / CK / MK / LM. Seinfeld orig's JP / MK. I can't! Molson w / TL. Am I taking it 2XS? Late nite therapy w / TA. Remember that time when I . . . CIT's 93 BACHCH)SS we grew. Alicia look at the reaction. TL + Luc I never . . . SARAHneeff (oops) AW I taught u everything. Carlos (where it began) B, J + the twins. My name is Jodi . . . TS I need u. TL, how's Ral? Quads. Way of the cross (we did it) Thanx 2 all the teachers who gave me a chance. 2 my fam + the Duss's 4 support + sis's who deal w/my sarcasm, luv u all. "Happy are we met, happy have we been. Happy may we part & happy meet again." PS. we leave undefeated.

CHRISTINA BENEDETTI

RELAX 4Real its over Tank God NN Maryti Tina Chris CCndg Gina Marymount Dec 1 Late waiting 4 metro Identity crisis du M buzzin Dtown AS all the Help n Care MV labpart Crosb Mawhere U goin JP marieJo RV but Can I ask You s- thing Speech TD bozo Here Shels luv You TK Phyllis LF loser OUA Ozone MaryV Palyh-par upon Chairs White Sox Rhaur wha RU do Sec 4 MINGUETTE posse RHYDM Shweedi Base Gino I 33 whata Joe Al Worried Arcay St Leo Studz Meza Not in Au Secour CK Boston CP surf Robby Cruise Calla Tow TX says it all Liked at Clk ala Gree I GA don Look an Shellooks Den Ders Me Ouzo Power The Human Race Consists of 2 Kindz of People Those Who R Italian Those Who Want To Be. Miss You Uncle John. Dad, Ma thanx 4 it all RiWiTommy Via (Prinny) U Guys 2 Ro UR the best Cantak it. Jon Bon Jovi #1 Take Care of you. Saute ci Vediamo XOXO



CHRISTINE BORNASAL

CHRISSY, CB4, DALE . . . no I do not know where CHIP is! LaSalle FLIP Native! Always B 1 of the Girls in da Corner Sissy, Angie, Sarah - AMPM. Physics in 4 London '92 Great lefts w/Lyndy. VE '94 Real McKoy BEC ANG: Batman - huh 5 min? DARLS: BUDDY, Carnival & Valentines '93 CHERYL: UR da Kross 2 my Kriss! MARIE: WORD (slap) WHATEVER! DEEPS: U bobohead, freeze frames & Physics? NAT: my hugging buddy! ALLI: my coz! TRISH: D hon'rary FLIP! We're IN SYNC aka G Bs! Special thanx 2: KA, Kd, M&M, Chut, JP - my buddy - & MITCH. 2 nel & ev'ry 1 else UR all in my heart. XTRA SPECIAL THANX: 2 MOM, DAD, CATHY, and JASON. Cya Sept1, 2010! "I'll take with me the memories . . . It's so hard to say goodbye to yesterday." - Boyz II Men.



CHARISMA CANLAS

It's been five great memorable years filled w/laughter & tears, but I'll never forget them. YM + TM + CC = BEST FRIENDS FOREVER. luv u both - 12 yrs. Lunch gang (AA MS CB CA DT AO NT TS DY) thanx for puttin' up w / me. Sharon, I'm confused!?! ST - thank u. 1B 2A 3A 4C 5C - 4C rules! Digby #1 secV co-captain. wake up B! AOSK MS & TM shake your rump! YM do my cards! pass the fries! ski 91' ahhh! help! sop. 2 in VE. FLIPS #1 proud 2 be one. physics in 4. precal in 5 thanx Tito Archie for the help. luv u & I'll never 4get u. Finally, thank you mom, dad, Tal, and family for everything esp. the support. As for the GRADS OF '94', it's been fun . . . good luck & take care . . . I LOVE YOU ALL xoxo



CORINNE CASIMIR

Sec1: The Age Of Innocence, NOT!, ST: bm, hit the ole bagpipes, Afi: hiya, Tshow fell on my?. Sec 2: ML: Wiggle-Wiggle. Sec 3: rice 'n' milk; mm. SR: PB, Alex, ND: busting ya bubble. MS: 123 HUH. Sec 4: TC: luv's J.C. Sec 5: The end of the beginning. 872: it'll be over soon, SA: luv's AJ, SM: bio, luv's Matt, CP: Ms. Mason. LS: vulgar like moi, RM: The Moocher, AS: Ms. Sensitive, Thanx for the skippees, miss ya Afi, nothing like a free, Cin: walk your walk, Talk your talk, where is Bart, chicken balls and plastic forks, you are such a ph, thanx for listening. Now enough about you. I luv JCVD. You want a niak-lavash. The way to feel safe is not to feel secure. Kyle is the best. Plautus said "Facias ipse quod faciamus suades."

LYNN CHAMPAGNE

5 long years sure give you a heck of a crook in the neck. See that graduatin' gal; 'tis me! (Unfortunately these photos go down in history.) rawgas, Sheila; If I think I know what I think I know then I think I know what I think; I think. I don't know! Brrr . . . stop that! Talkin' to myself. Want me 2 sting her? Apple incidents . . . It's blah. Amy; not weird, but different. Normal's tally bunk. Whispso: hay cosas mas importantes . . .! Ali: Free Willy! Feffy: Young st . . . Brendan! Spina; (true friend?) Ticklish? Lets sing O Canada. Hi Gabe; (Babe??). If it weren't 4 the last minute . . . Bye my friends; thanx 2 all. A-ee, a'm goin, a'm out-ee, a'm history . . .





JENNIFER CHARLEBOIS

Jennie, Jenni-poo stick 2 Jenn! staple in looth MK? NR late 4 bus! cornuc? really am good driver . . . just can't park! C, R, S & G / allergic Cowena sleepwalking CP I ALMOST met B Clinton - MV!! Way of the Cross - We did it! LIZ - do I know you? CP what can I say? . . . DIRTY, DIRTY, DIRTY saladbugs. how's Mikey? Walk-a-thon '93 . . . BURNED! MM stop writing on my desk Afterschool talks w / VS & KT in 7b . . . long distance calls 2NY Vero print! ("Did we learn anything KT?"). - call waiting AT Clones - loyola '93! Art accident?!! sec III math classes Don't Call Me Jenny thanx 4 listening sis kiss? - no plane 2 month cold WINE SPITTING - gas? love ya DADDY (thanx esp4 driving) & MOMMY (even w / expressions) I need a hug today (TA) thanks Smile. GOOD LUCK GRADS '94 - Jenn

TRICIA CHEN

Oh oh oh . . . Nothing. Dog tales: How's Bobo, Lisa? GH updates with Corinne. 4 food group lunches. Outta MY SEAT Sharon! Ya o k. uh huh, right Tara? S. Art rm. w / OUR board. SUMMER OF '93 Stop, your laugh is scaring me Cindy. PSYCHO! IB IIB IIIC IVC VB To coote? Ananya, my little sister. Watch out for the ditch ball, Steph! Triples. Hitchcock traditions. Over achiever! England '92: You mean U really don't have the key? Thanks 4 the desserts, Sabrina. Green and yellow popsicles, Karen? Carrots anyone? I failed, no I really did. Thank you mom, dad, Smokey & Tweety. My dimples, 4EVER "The only way to discover the limits of the possible is to go beyond them to the impossible." A. Clarke



LISA WAI MAN CHOW

How do u feel? Great! Well, Snoopy how's Smokey? Any dog tales? Tiny Toon can't sit at your seats anymore so sit anywhere u want! Shaky, how's your feet? Still dancing? At least u can concentrate. Are u still hanging around w / Smushy? Smushy, are u still eating mushy food? Your teeth getting nicer yet? I guess so! Turtle no more hot lunches 4 u! Eat your sandwich, doesn't look that bad! This Turtle runs so fast that we can never find her! Last but not least, Tiny Toon! No more sarcasm! Well Snoopy isn't here to save seats so u need to find something else to do. Your phone won't ring 4 homework anymore! So it's going to be peaceful! Well I want to say thank u 4 being such a great friend! Take care, BYE"



CLAUDIA COPPOLA

We've finally reached the end & what a BLAST it's been. Never 2 forget all the Marys rem stay proud RO Get out! Show up! Did I ever tell U men R scum Chateaux Classique - don't sit down Mac Attack! scoffing ALL KINDZ. DI C & D In U Want 2 go out this weekend? Sat Blue Ma R we small lost? Mystery Karen my lathargic friend Tea please! Anita my hair! 144 Where's Mel? Jules stick n. LoyGrad lamenting TI NDGM! Cla DuM Decl '90 identity crisis Praise 2 MMA Buzzed! Steph How goes i Needs ITT Nat I need a Hug. Check! there goes a JOE! Base Base Gino. Aug19 "with or without u" U2 Thanx 2 all my friends who made it happen. Take care of U Mom, Dad & Sue Luv U all 2 the future make it the best Ciao Tutti!!! xoxo



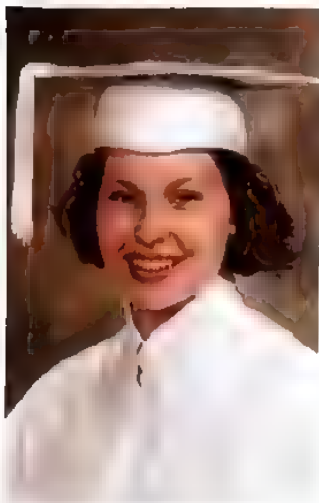
LYNDY COSTELLO

Wise One #1, Yeah Man, Wise One #2 Karen The Kennedy's R our Distant Designer Erina, I'm Glad U used A quarter SM MASTERSHAFTER Spent 2 Many Friday Nights W / Paula Watchin Bad Vampire Movies Juli I hope U'll B happy Living In a Van By The River Mon Excuse Me Id Like 2 get by Now Sue Where R we Going? Doo Wappin With Deepa Down At water Every! My Place 10 yrs TOGA! CBTC thanx 4 The London Memories 92 How Many Times Did We Lose R key? Thanx Ss Ew Sm Ka Jp Sa Th Zo CAT 4 putting Up w / My Mood Swings New and a Steve Young Rocks My World! Let's Go BYU! Luv ya Ma Pa Mike Pat & #6. KA & SA listen 2 ALPHAVILLE'S 4ever Young! Karen UR disgusting But I luv it! What More Is There 2 Say Really? The Tale Is Told. See U all in*** IDAHO! AHWOOO!!

MARGARET COVEY

. . . Like an empty telephone booth passed at night & remembered Like mirrors in a movie palace lobby consulted only on the way out Like a nymphomaniac who binds a thousand into strange brotherhood I wait for each one of you to confess . . . Leonard Cohen





JODY CUNDY

Ha' Ha' Graduating!! No long grad blurb for me, just a few things to say Hey Gorgeous! does this one ring a bell? ITS MINE BUT YOU CAN HAVE SOME, WITH YOU I'D LIKE TO SHARE IT, 'CAUSE IF I SHARE IT WITH YOU, YOU'LL HAVE SOME, TOO

RAFFI

Sven and Helga for eva . . . no Sven, not now Big Jim and the twins Thank to my dwarfed twin Bambo (ha, ha!) for everything, plus Maya, Liz, Mel, Sas, Kat, Mimi, Prooper, Tate, Sop, St-O, and all my other friends who ditch me every week-end Hey babe take a walk on the wild side! p.s If I've forgotten you don't cry . I'm dumb Take care Babe Go Wiking Gal

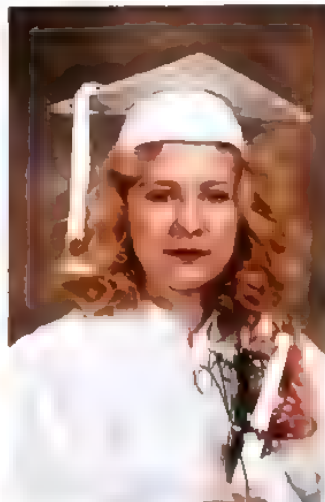
NINA DAVIS

Well I've always been a blunt person! Jeff, my sweetness, I love yuh! Mon, memories of Jimmy! Katsi, April who? Z., keep those hands beautiful! Tracy see u in Harris's class! Margaret, SPASMS Erin, Rick's better! SS, that would be skanking! As, UR so cute! CC, ITT class! YM, Mr Rita! SM M + M's NO! Excuse me while I light my 7*! Tasha, is UR vision blurry? Marcus, thanks! KD, AP, OW, keep jamming! Mellow mood with Jeff! Renee, Lennie! Cin, Peff loves U! Mellow mood with Jeff! CB, keep dancing! My scouge sisters + brothers, CNNN network! Thanks to my partners in crime! All my teachers who helped me, thru the tough times! To all my friends throughout the years, when the going gets nuff, the nuff gets red! Jah love! As, the great Bob Marley says, "Ride, Natty Ride "



KAREN DE MONTIGNY

Born: I'm here aren't I? And now a short buzz will suffice, OK KK? 2 amoebas walking out of the bar? Nat + Zoo, Chris + Darl, R U saying I'm a tuls? Rana, keep d vodka away from us! Marie, tell me and we'll both know. KAT, R bowling man Sheena - Coll. de Mtl. *Pet Peeve*: the morn after the night before Deepa - I need a 9 n a half. JCAJ is not TC! Nanya - on your nees! Klaw man?? AHH WAAASH! Nat, will U watch out for me tonight? OK No drinking or strnp poker *CLIP*? Sandra, remember on d GG's, Lili, stop staring! I DON'T LAUGH TOO MUCH! ONLY WHEN IT'S FUNNY. Trish did ya C GH? St-Hubert guy. Thanx to everyone for everything *Class of '94, "you finally found all your courage to let it all go" - The Cure - So be it*



NINA DI PIETRO SEC V. THE FINAL FRONTIER

"it was the worst of times, it was the best of times . . ." by Charles Dickens. Will always remember trips to FORUM with Steph, metro rides with Cindy(rella), strange conversations with Corinne, being weird to Stef. The 5:30 pm. work day. Monika, I've got my eyes on you! Karen, I butter you with my knife (*Forever French*). Erin, see you in space! Rana, what's wrong with my laugh? Afsheen, I miss you! Homework, what homework?? Math, Physics, Chem.: sure . . . I can handle it! "BACK OFF MAN, I'M A SCIENTIST" - Ghostbuster class of '94 - *GOOD LUCK* Thanks to my family & friends (esp. Emy) and to Miss Coffee, the cat



CINTHIA FERRARESI

But Fast K Is That Blood Red Sugre Highs MC & SdSPeff CULTZ III Meet u At The 170 Na Carpet Burns Joey July 18 Di But Who R Dey TA Pesto CC I Have 1 AJ I Need New Boxers JUNO A2DF Billy & Kerry? GL4EVER ROSSHOPHIELGTP Wanna bes JACKS ur So Cute Tina Sing I DonG / It So Like Do I Call U Have No Compassion UGGHH Were Like Dat FK Tow trucks If I Get Away W/It I Prom 2 NeverDo It Again JOE USA En Vrac Robbie SHBON Polyester Mo Is It Something W/My Face Avanti Dont Look & She Looks X says It All Love Ya Then Thers U *ITALIAN AND PROUD* Alla Mia Cara Famiglia Grazie Per Tutto Vi Amo Tanto. Remember Be Good 2 URSelf Cause Nobody Else Has The Power 2 Make U Happy (GM) 2 The Grads Of 94 CHEERS! If I Made It Here Ill Make It Anywhere . . . TAKE IT EASY GUYS WE'RE OUT!

MARIA GARCIA

Rooxanne, you don't have to put on the red light. Ahhh, those were the days. Paula, the waltz on the roof of Sacred Heart in the midst of winter 1 2 3 . . . BURPEE. I'll never forget that vampire / Ben Cross lover. I can definitely picture you as a writer. Lynn Josie-Ann Champagne, the name sez it all. Amy, portuguese restaurante, remember? Tulli, dude, Beevis, Faubourg, something always happens. Lisa + Hollywood 4 ever. Alex the fit semi-hippy, Plant Killers. Yep that was Sacred Heart, it was my Homer, it was my hell hole, whatever it was . . . I'm outta here!





RENÉE GAUTZSCH

A lot has happened over the years
Neurotic encounters w / G...
TCHICTCHIC PRRR! NEED A DRINK!
Jules, one day we'll become mathematicians, PIZZA! What's that smell? It's Mel!
Wine and dine at the Stevens FREAKOUT,
Cat one in every town, Liz's makeovers,
Boarding w/R G+C S, Sue someday I'll
convert go to Israel + move to NB, Maya
+ the concert crew, Chem exam '93 Car-
nival '91 A G, 'GOTTA CATCH THAT
LAST 215, Woody Allen movies, skunk,
my buddy J Q, Geminus rule! camp Edphy,
Raj, but why? I'm el presidente of...
Mishap before Spanish exam (June 10), Di-
licious fun and the mortifying consequences
of the next day... All the trips to the Ba-
hamas with Mommy, without you I
wouldn't have made it!

ANDREA GURD

"I spent 5 years prostrate to the higher
munds got my paper now I am free!" -Indigo
Girls. To my lunch table, we're still un-
defeated! My Rosemere friends, there are
so many memories. Rosemere rules! My
2-Mon's friends, RM and all the parties.
MM, SL, Tori Amos will always be tra-
dition. Shany Poo, Twiggy & Herbie, Smel-
lie. Sabb, there is too much to say.
Downtown with SA & SS Dinus and all
the memories Van Houtte and all the laugh-
ter! The Fitzmorris's, and all the beautiful
music Snake blowing bubbles, and the all
nights at Ica's Way of the Cross / JH Bath-
room Kill 872! JH I'm going to kill her!!
Carlyle soaking smugarets. Stu, my parents,
Patches thank you for always loving me



JACKIE HABAK

Only 2 yrs but what a change in my life!
New friends, lots of laughter + fun Great
tunes at Van Houtte Partying with LA +
JM The Dome is on fire! Grappas with
LA + JM ZO, what's new about Patty?
ZO + AG, I can't stand her! CP, I'll help
you get rid of her + then we'll go shop-
ping! The BIG C, great poets Mel! TL 10
guys CF it's so cute, I'm going to cry!
JM shut the * up * you can't teach The
Way of the Cross - Bathroom with AG!
LA best friends My love James, 2gether
4ever. Thana for being by my side +
for making me laugh especially when I need
it. Dad, Mom, Clau, Dave + Charlie, love
you all and thanx for everything. To all my
friends, have a blast next year! - WE'RE
OUT! -



TRACY HUGHES

Like children we must follow our fears
for they will lead us to what we need
to know! My 5 yrs here could never
be justified in these short lines! My
friends will go unnamed, you know
who you are, thanks for the memo-
ries. The best thing you ever did was
to help me take my life less serious
it's only life after all! Steve I will al-
ways find you! Patrick I think I like
you! well Jasmine it's finally the last
class! Thanks mom for putting up with
me! Remember, the darkness can only
hurt you if you ignore the light inside.



CAROLYN KAKEBEEKE

In the beginning... Carlos' Angels of our
Heavenly Father, Carnival '92 w/M + Eg-
gan, the antisocial snorter! TL, Who is
Ralph? St A's w / TL + VR, Night bus
R U O K TL? ... hurl ... Visions
Thank Yu! Extreme Mess! YM's Pink
Flamingos! AW's letters and strapless bra.
RV's Mac Atac! MS, this is a familiar pose
Breakfast 4 Your Hed w / TA + CS! A,
fun in bushes, machomen, we stopped
thanx snob! Sport's Buff = older men
= T, did u call V? On the corner of Ball
+ Padass w / TL, DA + MT; 8 in a car!
Hi, Jodi w / MB! SN, Cheese-whiz? LM's
parking + tantrums! You're wrong CS!
Wires, AW! 2 of a kind What a waste of
time! I miss Meg! We R undefeated, and
that's how we'll stay Thanx 2 my wonder-
ful family- M + D, Cns, Mia + Sarah,
BBK + Pudz! Je vous Adore!!!

BOJANA KOLBAH

Three years of french fries and I'm
still alive! Sec 3: not everyone can
swear in Croatian! The 4's - that's us
but not really! Sec 5: prefects - if it's
not last minute, it doesn't work. Lab
- how much smoke do you need to turn
the alarm on? How come everyone
knows what's going on except for me
and vice versa? Thanx to: Sabrina and
Nina (two best lab partners in the
world), Ananya, Lynn and Amy S.
for being nice. Thanx to Lea (don't
forget about the chair you promised)
and Hrvoje, Zrinka, Bozica and Mar-
tina for writing so often. Hope all you
'94. grads become rich and happy!





MARIA KOSTIC

(MAYA) "Ripple in still water" The Dead Sven + Helga 4EVAH. please Helga please! I can't! CS - 3 & 4 Bio: turtle w/a helmet? Seinfeld orig MB, JP / Superman! Americano lover - Ang, DJ's Long Island w / Josh; Big Jim & the Twins, I'm marrying Marcus & discoing in Whistler '93 43° SKIRRSS W / LM Kether! Steamroller - SS The Concert Crew / TL - distilled pistols / TA's cottage, Infinity hit, TL - do 10 guys / QUADS / TWP, Tjum, Mel Ha! DY: Voicemail / Teaching Alana how to drive. Suz, FILMFEST? Windsurfing w / SN, Guitar & talks w / James, Jazz, crumple rocks & do cards, Birks / UNDEFEATED / Armpits / Shopping mall 101 Ja, lunch? Tanx to ma, pops, Kosta & Joey

Warm cookies & cold milk are good for you & when you go out into the world, hold hands and watch out for traffic LATER!

THERESA LAFAVE

THREESA! RALPH! Corner of Ball & Padoux w / CK, DA & MT 8 / car, VR's = BUSTED = Ste A's w / VR & CK, No, I didn't call Vlad = older men = Weddings Houses it, curfew? NiteBus w / CK, I'm OK spew Decked on SteC w / CS U look good in Ralph, SS, I ate fries! Who's Luc? Parties w / MB SHUBEDOOBOP, ch SN? Summers w / TA = U2 / MHP Hotel KAK Sleep in hurl 4 am walk w / AL, BOO! Dare me, MB? Distilled Pistols w / MK 123 43! LM, a Pontiac! 10 guys w / MK, JH, ZO & CF Am I Taking it 2XS? VISIONS 92-93! Thank Yu! Denis, who split the chocs? Molson = MB Downtown, Carlos, Caesars J'en ai assez avec touille! VR = Window THANX 2 MOM, DAD, JOHN, MIKE, SUE, KEL, LORI & RANDY "I've learnt that there's no quote profound enough to sum me up!" P.S. We leave undefeated!!



ANDREA LEWARNE

Who's a snob? You know what I mean Jellybean? Yes I do Winnie the Pooh! Angels of our Heavenly Father, l'aube Rge: was that a post? CEGGA is that U or me in the mirror? Carnival '92, Me . . . antisocial? AW wires! Bubbles, RV Mac Attack, strawberries, YM phone queen, pick up 5, phuum-dum. 90210 w / Claud: U R wrong! 4 am walks w / TL. TA it's our song! SS let's not have a party! DA: joke! 8 in a car, boogying to the Beachboys, metony Macho men, two of a kind . . . what a waste of time. We skipped, thanx snob. M, D, T, T, chaser: Je vous aime. Ashpeta minuto misevre ***! We are the undefeated! "Well, it must be smoke or something in my eye, cause I never felt this way until we said goodbye . . ." (CV)



DIANA LUCIFERO

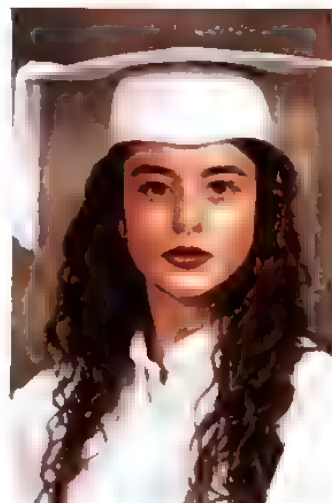
To those who filled these past 5 yrs with challenges, lasting memories & above all FUN, you will never be forgotten . . . Julie, my twin & positive buddy, rem: you're not alone; Claudia, 28/12. Who's the murderer? C&D Inc. Sat. blues - So what are we doing this weekend? JP, 4/5, not bad! 07/30/93: The Love Boat; Ang, thanks for the laughs & the shoulder . . . Daily LMac updates "Dr, Am I crazy?" Thanks to my teachers, especially to the wisest teachers I will ever have, Mommy & Daddy; Alex, get OUT of my room! Last words, "Do not follow where the path may lead. Go instead where there is no path & leave a trail." Good luck to all SH '94 grads, hope all our trails meet somewhere soon again . . .

MONIKA MARCZUK

Well, guys we did it 5 long years filled with memories, Hey Neen MEMORIES . . . WWAANNIIAA HELP I'M IN A KUFFLE! Many food fights with Tracy H Lyndy I'd like to get by now! Pss! Sheena you wanna buy some dip'n! @*#, to my favorite IMP you wanna ride down the hallway 1 more time? Sarah don't forget French class, Tara how's your head? Tasha I'd never forget you, to my sweet U know who you are. Special thanx to MY MOM I LUV YOU, to my teachers and all my friends for making these 5 years sorta bearable N.D, E.W, L.C, S.M, Z.O, T.H, C.F Jenn sorry 'bout the desk. Memorable gossip in 4 art Deb, Mel I DON'T GIVE A FLYING ANTON! Pink Floyd #1 MR. BEAN RULES MONTY PYTHON LIVES, ALLO POLLY!

YASMINE MARDELLI

So Mach 2 say in so Little Space. Boy, did I grow up! First Loves, dances, crys & di's Best yrs of my life Domy Cards MK go crum Und Rock, YMLA #1 LAJH Grappa Luv u CC! In UR Face I have NO CURFEW! Ang my Twin! dis w / Sab Guys I'm NOT a Flirt! Me Where RU going I'm All Worried meh Z Trace Sec 3 French WE RULED! 5 Bic Plnk Fl Am In GoS! SN slide ginger, Strawberries Pick Up 5 AL antisocial! Caro's SS SA oreo & refills OOHBABY! The DOME is on FIRE Ro faster than Ma Eh AW JP RV who's DUKE? Kan bear VH w / DY Bring it on dwn MV? Wasup G? Cn U know @2? Phumdum AL. VH Way of the Cross 93, LUV alwaz AA LA BA NI AA! JH shut ** teach Luv u Jacks! C872 *Thanx 4 the Laughter Grads of '94* Thanx Mme Habachi, Mrs. Flynn, Mrs Burns Spec. tanx 2 Viva Teia Nene, Dad & Lara The Times may be over but the Memories will ALWAZ be Charished! Stay Cool! WERE OUT!





LIZ MARLEAU

Hey Chiquita! Drinking Diet Coke
Kether's house with MK, and Kraft
diner buddies with KE TL + CK it's
a PONTIAC Hilltop rant w / CS
NP's party ML the HIP (never again)
+ On! ST. Anne's sums up the
crowd Canada day at SA. - yet to see
B J A T T Midgy power w / AC. JC
- need speech therapy? Funday w /
MB TA ML. always remember
D E V E L., VAB, and BRAF4E
Sipping like sisters + f. 4ever ML
Camping Kingston + H Hiking w /
AC Shop ed. Silly Willy Florida +
NY Night walks w / TG x-mas party
RRSS w / AA JL MK I luv U2 MC
till next time UNDEFEATED Thanx
CHUCKAROO + ICE MAN See ya
in my tree house in the middle of the
ocean

TARA MARTYRES

Howdy! Sharon I lost count + thanx 4out!
Sharonism! I do understand humour! Right
Tricia! Ya, ok! Luv the seat S S! Kick the
habit A S! Fish Lisa? Coot? Furry tung
S M? Kristina my 2 bud 4ever! En tous cas
Cindy do I look OK? Stef HE didn't call!
Just say NO Carina! Cat my support! Crazy
C C? NEVER! 12 yrs 2gether! Duh Cher-
ryl? Men trouble Rania? Ade summer 92
rulz, THANX! Cam luv LDC's that last!
Do my hair! Dance Ma? Bro w / Iris! Hail
Erm! Why so glum Chum? Oum Pluki!
Prefects 93 - 4 an experience! Mom, Dad
+ Aunbe, my private tutor! THANX, LUV
U! The sec 4 crew and 2 all in the hall (L. T.,
S. C., C. S., M. V., J. M., N. R., M. + M. H. S. A.,
C. C., T. G. etc.) Smile its good 4 U! Luck
2 ALL! I'm going 2 leave tapping! Till we
meet again



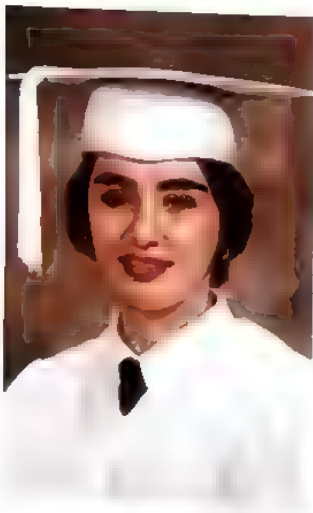
IRIS MONTOUR

aka GGirl / I hate / luv eggs / Ode 2 Abba
Ehon + Jim = someday / I ain't pretty
Bute Me / 2 my 2BF = sloan + joan
= pib '93 (END) 67 rests 23 towns 2 mo
/ "T" team / gjs + B B / GREAT /
want! have! CHOP = can I share ur
bscar? nov '91 = ohyeah / NYC = fu On
Life / Chick large / A M angel / belle =
lunch H2O / brun = day, blond = nite /
Mobicar Much? Fatlegs/MenRscum, rite
Ker (IKEA)? 2 my gal pal Nines = little
man = walk / apr = huh? / Tara = sec
3 bco, cum 2 KNWK / Ran = it's raining
/ Mon = I still don't get u / Ern = do
you want my lunch? guys at lunch =
YUCK! G + S2 Ash (usmc) WORD! Neil
= I luv u man / I luv u grandpa / MOM
= easy sexy / Mom, Dad, Bean, Rush =
I wouldn't have made it without u guys /
Later 4U / This is the end My only friend,
the end Jim M



AMY MOORE EDE

ALEX - you got an L plastered to your
forehead, YOU STINK, been to sea
forth? what else do you want to be a
row? you know your bored when
... thanks for putting up with me
abuse. ALLI - need help with mat?
call your tutor (me) anytime HE LI
TY, MARIE CLAIRE - Train bo,
dies be thankful we don't have to
with IMP, LONELY, and ATI
TUDE anymore TY - please no mo
mood swings, HELL - don't snk
you STINK BIGTIME!, and MA
RIE CLAIRE - don't ever cha
LUC - you big loser, don't get h
again, STAY in school and try n
get into trouble. I'll never forget y
I love you all and thanks
I'M OUTTA HERE!



OURANIA MOSCHOPOULOS

Thanx to those who've held me up,
understood and put up with me Fav-
orite pastimes Garfield, Monty Py-
thon, sleeping . . . Quarter KKK?
Delirious! Stefi . . . Monika - KUF-
FUFLE . . . Gudzy, it might rain
Deep: fence! Melsy, perverse
smurf, Corine's Dad Frat boyz, Aca-
demy Award perf., elfs, Mr. Pookie,
Lenio, lab partner from hell . . . Pet
peave short dark curly hairs. What
would I have done w/out the Sacred
Heart, live happily? Make the best of
now . . . don't give in . . . take it easy
... everything's funny @#%* Be
a "sun in someone's sky" - Pearl Jam
... "sail on the higher ground"
... "show me your soul" - RHCP

SHEENA MULHOLLAND

Too many memories - 2CI, All my friends
over the past 5 yrs. LC (Master Shafter)
SS (latest PG spotings) SA (Andre & Shan-
non - We luv Reignance) TH NT KD DY
TS CS JP EW PN RG IM MM (Dip +
s#%*) MC ZO ND (MH at Dew) TM
& SN (FURRY TONGUE!!!) Pardon me,
Tracy & Margaret, I've inhaled an M&M!
NT + MS - we will go 2 HEAVEN Ollie
& JT - best buddies! Steph, party w/my
fallen sun! Liz, I still can't see Don't give
me no 'tude, CC! CdeMtl dances - no
doubts! Anyone 4 fieldhcky? POISON
4ever Sue, u're out of your tree - MY BUS
PASS!! Sat night *#%\$ parties =
PLEASE! Woodstock w / LR JT ON NT
Tracy, R u goun' to the Mano tour? BEST
of luck to all my friends! Thanx to my fam-
ily for all their support The doors are fi-
nally open! Bye!





SARAH NEEFF

Ooh baby Sar AM w / TA ZO Black pig, SC' TWP, am I taking it 2xs? Flakes, Carlos Carolyn's, BP Squeegy, shake n bake, football throwing, science w / MB, infinity hit, wind surfing, neigh / Andrew, hand gestures, slide finger, pink flamingos what can you do in 5 min? Visions What time? Right now, velcro, thank-yu, bad habit SS, Sarita' 595, CB' Dale, Ange, Mel AM / PM, who's Ralph? Shubedohop eh TL? Threecesa' C - whiz? AW Let's dance, DJ's Name? Way of the Cross, AW's strapless oh sugar! Good Grief! Thanks for the laughter Dave Many thanks to - CK, AL, TL, MB, SS, SA, MK, AG, CS, LM, JC - The undefeated Special thanks to Bob Dad, Mom, Bro - Love ya up to the moon so much. When she left, she saw behind her all that was there, and smiled.

PAULA NEVILLE

Famous sayings. Of course vampires exist! Ben Cross is not ugly That's not very romantic! What? You're tired already? What do you mean, you don't want any dessert! Ah, those misty water colored memories . . . Getting into trouble with Lisa, canoe adventures with Erin, all-nighters with Lyndy, rooftops with Maria . . . Thank-you to all my friends and teachers who have made my years at SHSM so special. I'll miss you all. Now, it just wouldn't be me if I didn't include some literary quote, so . . . *At my back I always hear Time's winged chariot hurrying near, and yonder all before us lie deserts of vast eternity* - A. Marvell



SHARON NGUYEN

AKA Cutie, Tiny, Founder of Shar-onism. "Life shrinks / expands in proportion to one's courage" (Nin) n'est-ce pas? Vocab lessons from Tara the Munchkin & her multiple chins That answers it. Froth, knots, coot, chumps, wall decor. Cabbage Patch K, the pH of milk? Sec III ART, ITT Band-aids Sandra, Busrides on the 165, icy fingers, SM, tung, SS, H₂O Crv193. Need advice Char? Pistachios, SR, poodle? Stef, Cindy smile! Amy S, silly wabbit! Me sarcastic? Never! I'm just too charming for that . . . Thanks for the inspiration: TM LC TC SS AS SH & other special pals in Sec V & my family & the OHS crew & the people I talk to in the halls. Aloha! Well, I'm off. If I hurry, I can steal Trish's seat in the caf . . .



ANGELA OCCHIONERO

Newaze Lasalle Native Giatch / Br-at ch brain / boomerang physics in 4 Trish John & John chocolate cake Sec. 4 cards Mimi. Sarah & Dale am/pm walkman & ben Vermont w / Ania badminton abuse Nat u want bushes (grad) Sean/Shawn Get It Right! Chris RUSH! Undies Free w / Z & AW Americano lover eh Maya! Marie "Lets Talk" French/Drama w/ Darls The Real McKoy Jazzy Sean & Alan 4ever! Karinka my sweetie! Sec. IVC ruled! Cheryl Barat 4ever! Ali Baba I'm a G.S. wanna B (NOT) Deeps studying 4 5 yrs 2gether (Gossip) Sec. 4 w / GQ Tweety, Pat, Bazz, James & Jay Luv Ya! Bottom Floor Store! Myrtle w / Raf, Liz & Annie - Bu! Jeep! Mom, Dad & Bud THANK 4 everything! The gang 4ever! 2010 Sept. 1 Right Guys!! WE'RE OUT!



LISA-MARIA OCCHIONERO

RIVER, LUMIERE, GENIE, that's me! Sec. 5 over! Never thought I'd get this far, but glad I did. Extatic Indeed! Lunch-serving, mooching on fries? Gravy or peas? Paula, thanks for putting up with such a perfect gal. Do you know who I am? That's not easy what I just did! OK OK I'm disappointed! Wake-up Wake-up slimy fish! Going to study hall the day of mass? HUMILIATION! God, I'm a loser! Love movies and always will! RIVER PHOENIX, PATRICK SWAYZE and more where that came from! "STAND BY ME" #1! Dance the lollipop! Eh Steph! Up till 5:30 am! SEAQUEST RULES! Thanks to my loving ma, pa, + bro for their support, I LUV U! Bye class of 94! CIAO! Hi ho silver, away!!

ZAHRA ORTEGA

First I would like 2 thank GOD then my mom, dad & family Thanks for always being there JA bff, Souzz & ruffneck men class 93, SP, SD, RA, DF, KM, MB lunch-table talk Brothers w / fake eyes. Carn '192 Right there Souzz & TC . . . SEAN. Cin, meet me at the 170 stop. YM & TH sec 3 french class TH did u find a job yet? TA are we going 2 the Y? TL 10 guys JH whats new about PATTY! MC history class STOP! big but DISHA SN u brown cow, free w / mc, aw & ao. AL sec 3, 4, 5 french . . . trip 2 jamaica, pinktowel man Kells our phone talks. SIS whoomp there it is! Dollarz keep muxing. AM I need u're help with c CS, thanks for waiting, putting up w / me & I o u one. love u always. & 2 every1, 5 years killed us but WE'RE OUT!



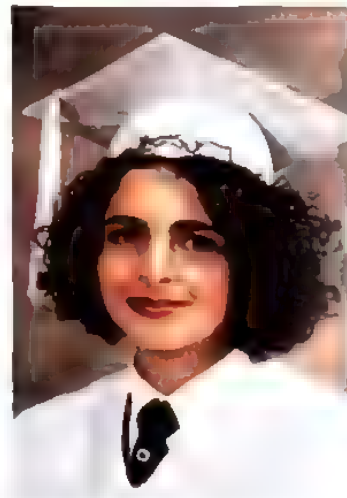


CINDY PALUZZI

Can I ask me something? TM & TC don't answer that! Trish Summer '93. What u don't have a CAT? Whatever. PSYCHO. Tara Give it up! Never 4get line dancing & FASHION. Carina: CP RULZ, 872 HUH? Stef or should I say Mishfania? Nine RUN the Metro Man Alli do u want some SALT? Ari w / Sharon Metro rides w / Margaret. Afi Miss ya, No I'm not using her! Prefects = procrastinators. SR Boo! VT highway men. Shas did u see them? NR Replay. Corinne Miss Sarca-wim Do U want a plastic knife? DE-PRESSED us Never; Thank 4 understanding Jenn: What long 5 yrs! Thank 4 everything Dad, Lori, Tracy & all my teachers esp Mrs. Cochrane! It's been nice. "That it will never come again. Is what makes life so sweet." - E. Dickinson

CARINA PAPAIZIAN

Stefi E = MC² Who's a Chicken? I'm not obsessed! I don't get it #1 or #2 sC92 CHSCK FLASH. IT MY PLACE FRI. w/King Tut. Let's do our dance. CC IC² VD. AV How's u'r nose? Can I have u'r pickle SC stop snoring! Hey Ali! FLP. JC Gas! Saladbug? SR OMIGOD Tootsie ate the soap! Swimmn at Iarn CP rulz C872 HUH! Ta connoces mi hjo? RM ontopof-his... Jazz how bout a massage n Sum Slidin Gingerale. Jacks U can kill her now! Let's go shopping. LS not guilty! Cow-married? TM lets go read Da Mirror! SN da fridge is closed. VT 12 yrs its over to Clap Clap 2Mr. Wonderful I Luv Yr! 2 Mum, Dad thanxx I Luv U 2 Alp fly high! 2 pricts - procrastination! YES im STRSSD 2 all Thanxs 4 the memories SHSM u'v paved 1/2 my road in gold TLAf -C P.



JULIE POLISENA

It's about time gas at Coles Mel, you're a genius! Why me? football tips from Steph #215, 216 there's no such thing as being too nice Karen, that's mean but I like it. Sec IV comp sc class phone conversations w / YM's grandma. CB - Mary Jo. Claudia, has he called you lately? Pearl Jam concert w / Mel MB & MK. Seinfeld originals Renée & Catherine the hot blondes. chaos w / Franca & Tania V. Lyndy my intellectual other RBV, need some fiber? AW - Blondie Maria, lunch? The Book Pal & Buddy & ABBA rule. Suzie, I'll see you in a van down by the river. Thanks for being there, Diana; & thanks to all my family & friends Goodbye, Mr Dunhill.



STEPHANIE POWELL

IC 2C 3B 4B VA 5 Long yrs are now over! Boarding, midnight walks, cards, suing Thanks to VK / SL / SB you mad it great Val, you mean more than U wil ever know a true friend 4 ever Heather I miss you, those Thurs nights meant every thing Next yr Ct I promise! Thanks 4 all at V's: Tues nights, choppin broccoli and our pack CBH & EV, best roommate JC / JA / AB / MM / MS DONK & KYM SH same horse, and heart Tnks 2 the un-defeated: LIZ / AG / MB / CK / MA SN / AL / TL / TA / UR GRIFF FRIENDS. RM. again! SKIING W / PM & CA. hickville, I am no farmer! Thank 2 all my family Dad, 4 having patients Mom u worry 4 me and Meg for being a great sister! 2 V's good luck and take care Live & let go because nothing last 4ever xxx SAP

STEPHANIE RICHARDSON

Dagile, Muller, Bure + company Smile, the time has come NDP - back off man, I'm a scientist it's air not space cadet Cant go w/out H₂O bottle Lawnmower's gone. Corinne RM - frat boys + Elvis Bowling on Saturdays w / TC Trips 2 Toronto + jogs down Young St w / LC Swimming at midnight 2 aerobics at 4 AM SA - walks 2 forum, scalpers + players in their underwear SM - no flashing please ST, CP, CP, LS, VT, AS, SN + all HABS WIN CUP '93 Hawaii blues, North Shore surfers Nat + Tan you've always been there 4 me Mom, Pop + bro - I'd be lost w/out your guidance HOCKEY + FLYING #1 Can't forget Pavel my inspration It is not the end, it's just the beginning fellow grads - years have come + gone but the memories will stay 4ever.

TRICIA SAM

AKA: T, CAT, TREE PREFECTS OF 93, Physics in 4, Badminton w / Marisa + Daris (sweary beary) LHS talent nite 93 Host w / Mark, LaRonde w / DY, CA, AA, MA, Spectrum w / Nat, Bowling curse (Kary) John + John, Zoom w / Ang, Jay's shrink, Cake inDiace, Does your hair move? Eye of the Tiger, Anita I Elephant U, Pictographs w / Marie, Bas & his DEADLY bear hugs, Charmaine Romaine, BJ + Scottie, JJ + Cher + I = Oreo cookie, LINT? Chrissy (WORD), My naked cont, I'm 18! ID PLEASE? Trace The FROG, Deepe Snitzergulden, Alli = stress, 2 JENN thanx, 2 MOM thanx 4 giving me a lift all those times I missed the bus, 2 My DADDY thanx 4 the love, 2 DW (Greg) Luv ya. Having Gained from the Sacred experience I walk away with no regrets.





SUZIE SAMUELSON

Wise One 2 - Yeah Man = Wise One
 1 Bob Mendoza will exist someday and
 Rafme will enjoy his tribute Lyndy
 C: Where are we going? *Dazed And
 Confused*. Fire walk with me. The
 Amy Fisher Game, Silly Putty. The
 Detergent Book with CS. Concert
 Crew - RG MK. Bus with Tara S. Liz
 C. The Dallas Era, Dancing Queen,
 Chi Chi Mendoza, Chick of Light
 BC's are hot n' talented. Keep on
 truckin'! Sheena M. - Seen Pat lately?
 So Good Suffering the Worshipers
 wrath. You put your THC in there!
 JACKPOT! Reep no Kockin' Oh my
 God, it was xxx Idaho, man! Calling
 T.O + Philly Thank you Mikey,
 Marcy and Sarah Beth "Shaniqua"
 Samuelson Julie P. - I'll see you in
 that van down by the river!

MARIE CHRISTIENNE SANTOS

Hi! I'm 2 nice! AKA REE Hey Bu-dy,
 Run, Yo Stefa, Tree, carfriend / Lud, CA,
 Quita, CB4, Tap, Blunt 1, Orange, KD,
 A&A - sista Scuse me, I'd like to get by
 now FLIP POWER (I couldn't resist) My
 fave cow Me + my pictographs 4C - All
 2gether Misfits in vocal French class =
 Parlez-vous française? CA - Oh ya? Ya!
 No way! Way-Word (slap) It's just a stu-
 pid dance, Mees-take Chris - Whatever!
 It's just there Dance Ta? Ang - Luv ya
 sweetie! Deepa - My Quita Chiquita Tree-
 ornaments = clothes. Jay - Chinese T Ec
 "With or Without You" - U2 Lin - Nov
 30 - ring a bell? - Dad, Mom, Lisa, Fe-
 me, Lola, Tina, Lolo - Thanks for all your
 help And finally to all of you I say - till
 we meet again - "In the Still of the Nite"
 - Boyz II Men WE'RE OUT!



ANANYA SEN

So long farewell and I'm never com-
 ing back! Nah, my 2 years in SH
 weren't that bad. At least I learnt my
 alphabet S - BJMDNC right SABRIN-
 GRINGNA? thanx 2 Ma, Dad, Bubul
 for being there when I had my panic
 attacks! A big thanku 2 my best friend
 SAB - A helpful connection DT! TC
 live with it - Tu es ma petite soeur!
 French, moi? LC calls! TM "Behind
 every cloud lies a silver lining" SN
 will miss my own shrink! KD so this
 week? To my only coke sis - Blah!
 To all my other friends, keep in touch
 Guys I really don't feel an earthquake.
 Tring! My last words, + + + pray!
 IT works. Wow! ABC123 C! Love
 Ananya. Hey why not? Since you in-
 sist, love Anana S.P.S. Sab don't for-
 get to take your pemonal schedule with
 you!!



AMY SIMOES

It's finally OVER! 5 long years can u be-
 lieve it! SMILEY, ROOOXANNE! Don't
 get 2 tough! Sec 3 music class the BEST!
 LC SS LC CC SP ZO ND MY MC / SR
 - Mulker, Bare: SA - Alow, Sundin. LO
 - movies, Garcia. PN - witches, books &
 ethereal, CC - MORBID, EW - STICK 2
 him, SS - SCARED of spiders, SN - Mou-
 sie Wowwie, Tina - dancing & lots of guys
 *LUV YA! CP - true italian, Z - sign lan-
 guage, ND - Jeff = Is my hair OK, MC
 - Cohen, TH - BLUNT + PINCHES, MM
 Weird, KA - YOU'RE the Beauty, Mme
 Habachi "VOUS, PAS TU" CP math =
 neves, SS - calm, COCOTTE BUURP!!
 Tutie Frutie + open wide! ESPANOLA
 = WEIRD? NORMAL? LC & MG LUV
 U! Cartoon Eh JAZ! DAN - BUM =
 Freak'n Amy = U CLOWN (LUV U *
 B GOOD) OBRICADO TONINHO PARA
 TUDO!, PORTUGAL #1: Ma & Dad &
 Steve & Mike (NHL) LUV U WITH MY
 HEART! C U CLASS OF '89-94!

SHEILA SIMS

I may not be intelligent, but at least
 I look intelligent! eh Sherin? Are you
 on hold? No it's Lynn. I got the auto-
 matic umhum down pat, but I will not
 listen to sappiness!! Oh will you! All
 you guys ever talk about is . . . You
 are so disgusting! Brr, it's cold . . .
 I am not TOTALLY incompetent!
 . . . A.V. - APE? oohooohoo! It's
 been interesting. Dropped an apple,
 it rolled down the street beside the traf-
 fic, tripped a guy on the sidewalk and
 ended up as complete mush! I sur-
 vived! So anyways . . . Lynn, Alex,
 Amy M., Amy S., and Mana G., it's
 been fun! . . . thanx everyone! Hope
 to see you around! Been blabbing so
 I'll stop. Ha! Ha! Just wanted to bug
 ya! SEE Y'ALL!

SABRINA SINANIS

Finally we're out of here, so many mem-
 ories! STEFFY, ALVH Thanks Ralph - TL
 Denis - Who split the chocolates? AG &
 TL CK & TA Houses. SA - He's Penicil-
 lin, ID's Week alone! Alpine sking & Ro-
 bots / Big O Caesars days "No, I just spit
 up" TELIX CALIX. Visions, Bad habit
 - SN, Thank Yu. AG Rosemere my 2
 home, KILL872 Conduct notes & Dt's
 JM 3 43 - Markers. MB - We grew AW
 - My samboka partner / Set me up NOT!
 AL - Let's have a party? NOT Ben & Jer-
 rys JMSA Refill & Onco cooky Carlos -
 BUSTED EXTREME - Mess THE DOME
 IS ON FIRE! Graham Crackers & Maxi
 *** Italians? Undefeated. Dave . . . MK
 - Steamroller Sorry im late! "Some chick
 just . . . ""It was the best and worst of times,
 but it was worth it" - CD Many thanks to
 mom, dad & JP, I love you L8ER!





SABRINA SPINA

Nothing will ever last forever, but the memories of these five years, which now come to a close, will always be with me. IC, IIA, IIIB, IVC, VA, what a pattern! The daily gossip with Ananya, "lipstick, B, MD, S and so on . . ." THE REBELS! Tara - Munchkin? Sharon keep your sarcasm! Lisa, how's Bobo? Don't take Tricia's favorite lunch seat! Hey, come on Lynn OH CANADA wasn't that bad! Vocal Ensemble 91/94 Bus and metro rides with M H A.' Thanks Stef and Amy! To a very special friend, Ananya, thanks for being there (is it TSK TSK or TUSK TUSK) To my family, Mom, Dad and siblings THANK YOU for your support and love! So long to all of you . . . CIAO! FOREVER YOUNG!

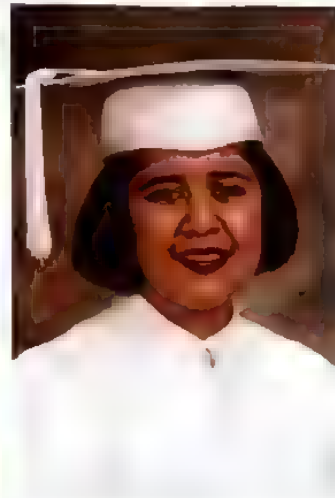
CLAUDIANNE STEIN

It's finally over! Aerobics 6:30 am / M S., sky scraping La Ronde / M S., rafting / M S. / S P., am I taking it to excess walk-a-thon '92 at M S., French guys / M V. / C B. / S N. the fence, purple / M V., X-mas 92 / A D. T.L. how's Ralph?, P M S get me some food! Carlos is where it began P S D in malls w/ MB / LM / MK / CK weekends AT / C K watch the lamp post / A L I never . . . W / MB / AL / MK Sec IV mature years E X Biology Sec III & IV w / M K, snake in a blanket, turtle with a helmet. Ange - 90210 Ange quick bus ride guys lets go camping "NOT" Thereesa decked on St Caths breakfast for your head w / CK / TA Rox, C-4, bedroom pollution hands determine men / RGRG Guys we are still undefeated thanks to "The Gang" Moms Dads Marc for your love and support



CATHERINE STEVENS

Last but not least, I fly a stealth Miriam D Thanx For Long Phone Bills CAK mis hap W / TL You Will Return RBX! My bedRm window, good As Amy Door Watch Out For That 40ft Cliff Jumped It! Tracy L. STOP Get the Wrench Camou flage Squirrels SKI 1000 no one will ever get the beer joke Renee G 383603 before Grad 93 Whats U're Area Code? T Hughes & M Van 5 Years Julie P Chemlp Your Eyebrows Are Stunning! Soup! keep on trucking! T M When I'm In Front Of You I'm Behind You! R at VH Sec I Sientors Return Of The Scizophrenic B friends Dallas Era, Concert Crew Thanx P J for letting me crash at home G D Thanx for all the shows! Breakfast at LF, with Dad Dinner at my place Of Course Thanx Mom! 55 is still the biggest #! Andrea & Mike The Unreachable High Five!



DARLENE TAPIA

AKA: TAP, TAPIOCA. We made it through 5 long years! It's finally over! Kill 872! Anita Where R my shorts! Don't 4get the bonding and sharing! Ang can I have your salad? Trish Don't 4get your sweary beary! Cris - Buddy and Carnival '93! Deep's do U know how much my bill is? No I don't have a candy! K A have a safe and happy weekend! Nat I think U have 2 left feet! K M You're such a TU*S! Cheryl! No I don't have a sister O K! I think you have psychological problems! Michelle - What's the number 2 911? and what does Hooked on Phonics provide 4 our children 2day! Don't ever 4get that Mich! Badminton team and IVC rules! We're out!!!

STEFANIA TERRENZIO

Time flies when you don't know what you're doing Carina TFA Friday Night Blues w / Tui South C92 BLAST SC my soul mate AV look guys, it's raining DUH! Uh, I don't get it! Wana 9 31 Delenous! No more food! CC Naaklavash Jagger / PG it's a birthmark IC Charisma U welcome CP my house head! Smile life's not so bad Mane! Steph R Pavel, Daigle - Baigle what's the dif? How about another Loyola Dance - Happy happy, joy joy! Ren & Skumpy Flash! I'm a chicken? OK! Deep thoughts w / Stefi, Adam, don't da me bro! RPAP thanx Lindsey-o-tall I Tara - Wana Um Plucky Nuna U kure UFO's WEIRD! Vanessa open wide! GFriends JK SS AS MV JH AT Stay fit & have fun! Lisa I'm not gullible, I'm just stupid! Mom Dad, Lisa LUV ya all THANKX out-a-here

NATHALIE THIBAUT

Great 5 years! Thanx to Mom, Dad, Iz & Fred Kar: Thanx 4 being there, love PUG-NOSE Trish: Sorry something comes over me in Chem class Kar: U ruls! Strip poker? The sun is burning? grad w / Ang: Take me to a bush now! Deep's: My weaky bones Chris: my hugging buddy Marie: Car friend Darls: confused? Do that face Cher: My baby Lala Claud: R we ever going out? Sheen: We're going to heaven Allie: stress overdose! Carlos & Pepes again? Field Hockey w / Sheen Badminton / floor sport Infinity hit! aw! Prefects 94: LAST MINUTE rules! Thanx 2 all of my friends, U too Mark. Keep in touch, and 2 all of U, I wish U luck. I LUV YOU ALL & WILL NEVER FORGET U! SMILE!





ALEXANDRA LOUISE THOMAS

Blossom, Flt Semi-Hippie, *Free Willy*, *Kill Barney*, vampires, VT. Hey Ho! Wayne's World Moods, Alexis Neon, Ud-won Ardware, Da Bears, MG- Tnage An-archist, Plant Killers, LC: nice hair, JC: talk 2 Clones lately? AME: lend me a notes! SA: Did you watch Sequest, My Cousins?! Cam: Unforgiven. We R close no matter how far, UR best + only. Tans 2 T.O. boys 4 great summer chicken in cheeseballs? rain inside? no, just Doug, never know who comes along! no rule 2, B B Bingo! Seaforth Mornings: I don't stunk AME! SHSM FINALLY OVER?! Tans 2 Moms, D, P. J, H. Sarah, Chris, Ms M. friends + undergrad buddies. "Time is a train, Makes future the past, Leaves U standing at the station, Face pressed up against the glass" U2, and I am outta here!

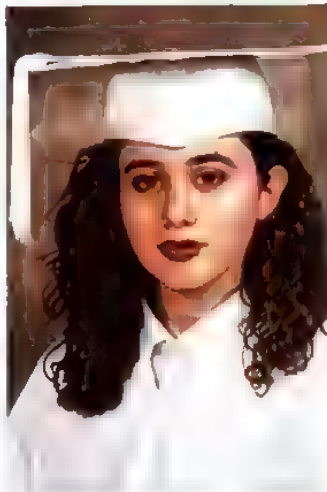
VANESSA TULLI

Hey, CP! It's been 12 years. Guess it's finally over! Clap, clap. (To) Garcia, "THE NUT" Let's go to the Faub Hugs & kisses??? AT, WW lives on thru us. We go to dat 'Udson Ardware' now, eh? How about Da Bears? Hey, OPEN WIDE, huh? Luv y'all (MEG, AS, AT, LC, ST, etc) C P. Wanna play HIGHWAY MAN? Hey Loonies, such as PN & LO, in particular Hi, SVR! Keep on smilin', cuz da world could use a few more nuts like us. A few hundred maybe. BG, we missed it again huh? Sorry, I guess I'm late again, huh? P S Garcia, Oh, no! I forgot to do my HW, I need my? BEEVIS! My memory's bad, hope I didn't forget any . . . OH YEAH MP, I remember, it all, for once? SNIT, SNIT, SNIT! Luv the whole BS crew! Hope you keep in touch, so we can BLAH, BLAH, BLAH



ROSELLA BETSY VALELA

Five long years have come & gone, but the memories will last me a lifetime / MV Yo duke waz up YM JP tanx for the fiber! AW bathroom floor / Bra frisbee Chem cram w/ Clau New years eve w/ CB CC JL Chateau Classique / don't sit down! Men are scum aye Clau Phurme dumme at A V. AL do you have to go to the bath room? Bubbles! Cornelli's where's the samboca? YM AL AW Strawberries, how do u put them on? CK JP CB banned from serving, JL summer school buddies, Frank? Back to MAC, Shop attack! Sec 3 ITT where's your project? To much aqua Couples that will last a life time, Humm Ben & Julie I'm coming to your wedding! SEC V retreat, let's take a walk, crayolas For all this & a lot more I'd like to thank the class of '94 Luv Betsy



MELANIE VANI

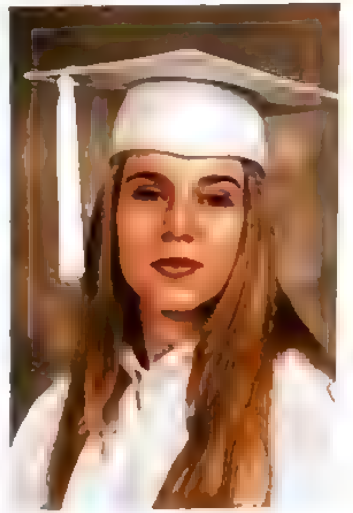
AKA. Mel, Melsy, Melsy Baby (Thanx Ms Mastro), Smelly (Stop kicking me Ang G). Yes everyone I'm wearing Escape! Buddy, Pal & ABBA rule. Gas at Coles. The Book! Pearl Jam concert w/ Julie. AM & PM w / Gigi, Dale, Sarah & Claud. The Fence w / Purple & Blue. 144 w / Claud C. - it's your fault! Rosie & my memories! Summer 93 w / Sonia, Lester & Tony x2! Bring it on down Jasmine! Real McKoy! Jacky & I - poets of the Big C! Tracy it's anchi-oves! Hey Charmaine Romaine, Stinky Feet, Silly Willy & Aunt J! 5 years w/ Cat Stevens! VBall 93 w / Tania - remember Mona? Mana - the clown suit! Benedetti - Chem & Physics! Why Crosbie? Felix! Au Secours! Thanx to Mom, Dad, friends, family & Tom! GoodBye Mr. Dunhill!!

ERIN WALKER

Yes, I'm Lucas Walker's little sister! N Z & OZ in '91 Cell Block 12345A Hypo-chondriac! Erisa Lyndy's little friend The Breakfast Club in 7B w / Karen Tara, Oh Caesar Emperor of Rome! Maria, don't chunder on me! Are you going to finish that? Everybody's taller than me! Centering down the hall w / Monika SSUNS w / Nina D. Steve was better looking! Canoeing w / Paula '92 Lyndy, I used a quarter today 4A RULED! Letters to Sarah in 4 Monika, honestly I don't remember! You're such a hozer! Eh? Richard III! Henry V. Thanx to my teachers esp Mrs Cochrane, Miss Mastro & Mme Lamarre Thanx to my friends esp LC, MM, KA, ND & MC. Best of luck to SB at CRHS & to CP. Luv ya mum, dad & Lucas. ALWAYS LOOK ON THE BRIGHT SIDE OF LIFE! WOOHOO!!

ANITA CORETTI WHISSELL

Blondie, La familia gossip! SN lets dance. MB thanks 4 the tips. CK letters. Badminton locker Rms. Aspetta un minuto mi serva "PP" Strawber-ries & Phuum Oreo, refills anybody? Kill K. 872 MAC attacks. TS I el-ephant U.DY lets get rich! Bra fris-bee. Minguetta Joe. Bubbles? Porpukine. AL. VH Ang Sheperds Pie. AL lets dance Sab my drinking partner / boyfriend? Ben & Julie Ser-ena the sambuca floor. Chocolate / Knock Out & Jul. Steccina Jaz / Duke. RV, JP, CC, CB, CF, DL, MV Italians rule 4 ever! Now we move on with Memories in our knapsack Dome I'm waiting Mike (Luigi) it's the 18, I'm made! Green Light! I LUV U 4 everything. Ma thanks Ar-rivederci. WE'RE OUT!





PRADEEPA YOGANATHAN

Its Deepa, NOT Sarah! 2all Dose Who
Mean D Most 2 Me In Life Trish, Whats
Dat In D Pool? URE HAIR! Kar, Glue-
stak, STOP Laffing! Nat Go 2 D Hair Sa-
lon Nexttime ESleep On D Fone? Fridays
w/ Cher! Darls, Defens! NEVER! Loo-
seleaf? Art Spare? Ma Ree & J Breakup
Take 75! D Look! Chris Do U Have A
Candy? Deep Talks w/ Ali VH w/ Jas
Ang, Fone Studying? As If! Voicemail w/
Maria Steph, Homereckr 4C Ruled!
Truth Or Dare In Physics In 4? 3B Girls
In D Corner! Anita, Porcpine! Ju, Teach
Me! Do-Oppn w/ Lyndy! Karen, My
Name Is Deta & I Want 2B URE Love!
Mel & Elmo Sking Thru Fences? 93-94
Prefex Masters Of Procrastination! Chur-
nin Butter In Math I Cant Blevie It Didn't
Work! Vinegr NE! Stop Standing Like
Dat! Bonding Days Were Aws! My Dear-
est Mom, Dad & Nim Luv & Thanx 2 All,
I Coudn't've Gotten By w/o A Little Help
From My Friends

After 5 years, we
take our final
steps through
these doors as
we ready to close
them behind us.
The light brings
promises of new
doors opening
in the future
and, as we take
one last glance
through
them, we
will forever
remember
our time
together as . . .



THE CLASS OF 1994.



A CD with names written on it in various colors. The names include: Stephanie, Allison, Tricia, Claudia, Sabrina, Theresa, Tricia, Luciana, Maria, Christina, Charisma, Stephanie, Karen, Amanda, Amy, Thomas, Amy, Steve, Mary, and many others. The names are written in a cursive, handwritten style.

Lisa
 Sharon Nguyen
 Stephanie
 Richardson
 Salima Simanis
 Yasmine
 Sarah Muffelli
 RANIA MOSCHOPOL
 ROYELLA VALELA
 Monique Davis
 Lisa-Maria Ochigueri
 Melan Stein
 Sundey Serpaga
 Darline Japia Ananyan
 MARIA (MAYA) KOSTIC

[illegible]

SEC. V RETREAT



Crayolas

If there is one thing we are not short of in this class it is imagination. Everyone holds a different crayola one unique from their neighbour. Imagination is empowerment and we are all blessed with our individuality and our own color. Yet the world would be plain if we did not mix these colors together. Thank-you all for filling my five years at Sacred Heart with such awesome colors.

By: Marisa Bacchiocchi





**The
Secondary
V's**





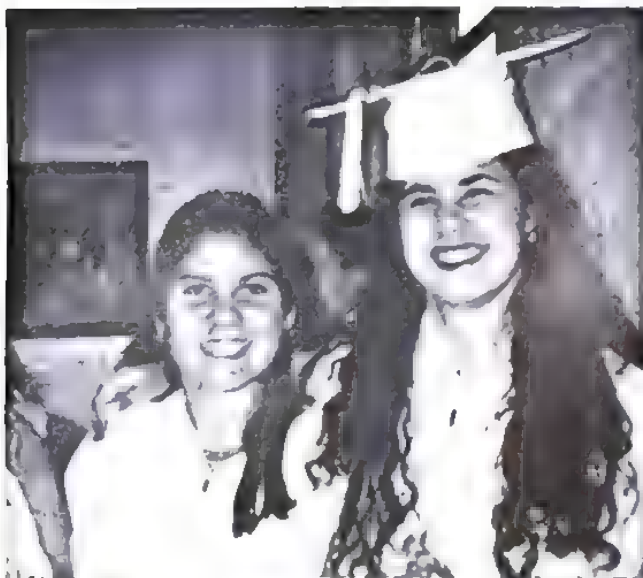


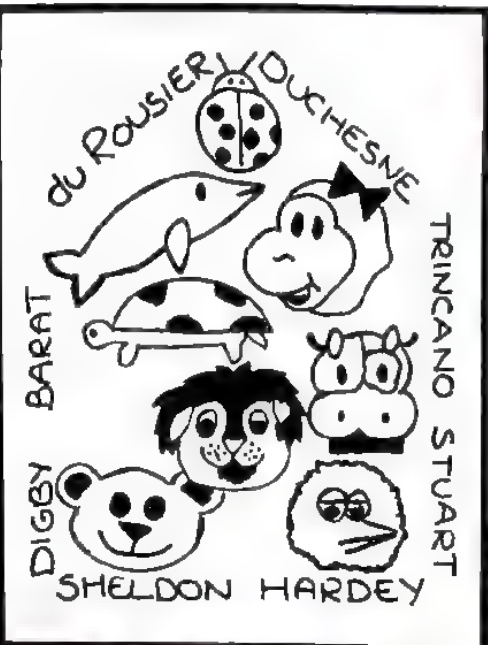
GRADUATION DINNER & DANCE





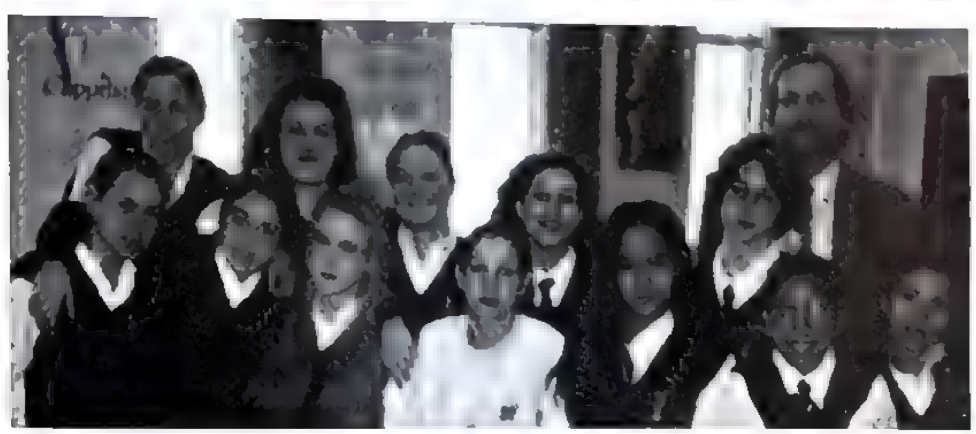
GRADUATION CEREMONY





HOUSE

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PICTURES

BARAT

As BARAT Househead I can truly say this has been a great experience that has made my life here at Sacred Heart complete. To Angela, Rupa, and Amanda, thanks for making my job a little easier.

To Mr. Shaw and Ms. Thomas thank you for your continuous support and thanks to a great house, a family with great spirit enthusiasm and spunk! Remember guys we'll always be NUMBER THUMB!

CHERYL ATENDIDO
BARAT HOUSE HEAD



Back Row: A. Sabelli, M. Penny, S. Brandreth, C. Kakebecke, M. Carter, A. Wu, E. Dalzell, C. Stein, S. Molinara, J. Auger, M. Tsang, S. Neefl, E. Arkolakis, L. Morantz, A. Thomas 2nd Row: Miss Thomas, C. Atendido, X. Hatzithomas, P. Ottoni, M. De La Cruz, M. Santos, C. Giannandrea, A. Vellucci, S. Patell, R. Narasimhadavara, K. Heese, A. Occhionero, C. Bornasal, C. Yau, H. Gahunia, J. De La Cruz Front Row: A. Little, T. Kerklaan, T. Yang, N. Argueso, N. Bansal, N. McGrath, R. King, S. Atendido, E. Szego, D. Ritter, T. Peixe, K. Brown, C. Choi, T. Fisher, H. Chan, Mr. Shaw

DIGBY

Being Digby House Head this year has been a remarkable experience. Not only did I have a great time I also learned the true meaning of the word spirit through this terrific house. I will let you in on the secret. It not only means cheering the loudest on sports day, it means being there to give the house constant support. That's the reason Digby is number one, both in house points and spirit. Thanks to Charisma, Stephanie, Olga, Miss Vogt and Mrs Simon. The enthusiasm would not have been there without you. Remember we've got that spirit yah yah that Digby spirit yah yah!

MARISA BACCHIOCHI
DIGBY HOUSE HEAD



Back Row: M. Pezdek, Z. Ortega, S. Ansell, M. Bacchiochi, C. Canlas, E. Allo, P. Cleary, C. Hedrei, S. Smith, A. Girolami, N. Thibault, K. Ashjian, S. Gurd, H. Broderick, A. Simoes, J. Timmins *2nd Row:* Mrs. Simon, L. Chipman, F. Beauchamp, L. Calvo, I. Tetenes, N. Wildgust, D. Augustin, M. Jalowicki, A. Le Guen, S. Marra, S. Panunto, M. Kalloo, T. Galluccio, O. Jalowicki, J. Rawkin, A. Gurd *Front Row:* V. Bartolomei, C. Canlas, L. Galluccio, S. Howick, T. Aldred, Z. Muller, H. Yokendran, J. Tapado, K. Kokinas, A. Law, S. Lin, J. Wildgust, A. Abrigo, S. Augustin, Miss Vogt

"We've got the spirit, come on let's hear it!" This phrase shall echo through our hearts forever. Fellow Duchesnians, this is a message to you - thank you for the great memories of tabloids and House days and for making me proud and honored to say that I am a member of this distinguished family. Each and every member has contributed to make this an unforgettable year. Without further adieu - many thanks to Mrs. Kular, Miss Mastro, Miss Vaupshas, Sharon, Tanya, Maria, and Nadia for their hard work in keeping our house together and strong. Keep Smiling and good luck. "We are RED HOT!"

STEPHANIE RICHARDSON
HOUSE MEMBER



Back Row: J. Cundy, T. Sam, D. Yoganathan, C. Tiseo, M. Kostic, R. Scalia, M. Lafreniere, J. Saric 2nd to Back Row: K. Durell, M. Bissonnette, R. Goulet, S. Sinanis, S. Mulholland, S. Sims, C. Dimnik, C. Ferraresi, S. Richardson, A. Duchesne, C. Binecki, E. Macpherson, K. Dimnik 2nd Row: Mrs. Kular, A. Reid, M. Gianfrancesco, T. Panda, F. Sydney, F. Sydney, T. Nahornak, M. De Vito, N. Fato, T. Kokinasidis, N. Laurin, A. Teofilovici, J. Minorgan, M. Garratt, V. Spyropoulos, Miss Mastro Front Row: E. Marleau, S. Herico, E. Ramos, J. Ah Sue, M. Lam, M. Azar, C. Poon, M. Short, R. Jarjour, C. Messina, C. Constantin, S. Rizzo, M. Afzal, M. Villapando, L. Wong

DUROUSIER

duRousier spirit lives true! Thank you Miss de Mello, Ms. Martel, Sabrina, Andrea and Brigid, for your support and for being a part of the fun. BIG BIRD, o' fearless and compassionate one - my devotion is eternal. You stand far above all poultry. Fellow members of duRousier - thank you for your spirit, FOOD, cheers and especially the laughter! I leave you with a LOUD SQUAUK and many pecks!! All my best for years to come. Fade to yellow . . .

OURANIA MOSCHOPOULOS
DUROUSIER HOUSE HEAD



Back Row: T. Hughes, K. Ingram, S. Di Lallo, J. Wong, M. Duprey, A. Lewarne, R. Valela, E. Casella, S. Farr, E. Bilodeau, S. Moreira, K. Kopytov, D. Savidant *2nd Row:* M. Klamurodt, L. Champagne, A. Harrison, R. Aquino, C. Hannouche, J. Brisebois, L. Iacobacci, D. Taddeo, J. Warwick, V. Kabrita, L. Hattem, J. Wong, S. Joseph, M. Covey, R. Moschopoulos *Front Row:* Miss de Mello, U. Harasymowycz, L. Nituch, D. Khan, M. Kalogeropoulos, S. Spina, E. Walker, N. Camacho, V. Reis, E. Dillon, T. Yang, A. Lagopoulos, G. Romanelli, K. Sassine, B. Plamondon, T. Popovac, E. Ahlgren, C. Ziten, Miss Martel

HARDEY

I'm sure that our new and improved Henrietta would agree that this was a great year for Hardey house! Thanks to all those who made it possible, especially Diana, Stephanie, Emanuelle, and Tricia - you helped make my job a little easier. Thank you also to all of this year's Hardians, new and old, I will never forget your generosity and spirit. Mr. Kousik and Mrs. Sabourin, your constant support and help were greatly appreciated. This has been a wonderful and unforgettable experience. A final reminder to all monkeys, always wear your tails proudly!

BOJANA KOLBAH
HARDEY HOUSE HEAD



Back Row: M. Powell, I. Park, D. Lucifero, S. Powell, C. Coppola, B. Kolbah 2nd to Back Row: Mrs. Sabourin, P. Judge, C. Calimlim, A. Ma, E. Cardarelli, C. Charlebois, E. Khoury, J. McClymont, C. Temcheff, M. Kong, M. Waldin, C. Stevens, M. Kousik 2nd Row: D. Padamadan, J. Cheng, S. Padamadan, R. Coelho, A. Issa, M. Di Stefano, R. Calimlim, L. Dore, K. Alvarez, S. Issa, F. Peter, E. Kavanagh, A. Whissell Front Row: L. Whissell, M. Hanna, C. Pastor, C. Karam, E. Ricci, M. Thynnar, T. del Campo, I. Rudinskas, L. Manon-Og, L. Rossy, E. Reginald, C. Brena, C. de Souza, S. Khan

SHELDON

Sheldon's got the spirit so come on let's hear it! Being Sheldon House Head has been quite a learning experience. Thanx to the greatest executive Stefania never 4 get your words of wisdom "Don't worry!", Katie can you make me a card?, Lisa we're not that bad in deck tennis, are we? Special thanks to Miss Potter and Mrs. Cardone for their support. To all the '93-'94 Sheldonites remember to stay green, have fun and good luck next year. You're the best: I would never have survived without all of you. Thanx for being the best house. Let's go SHELDON!

CINDY PALUZZI
SHELDON HOUSE HEAD



Back Row: V. Minkoff, L. Ruggins, T. Villanyi-Bokor, T. Tassone, G. Vallerand, C. Paluzzi, E. Bresba, M. Lontoc-Roy, C. Yum, L. Terrenzio, S. Darwish, T. Chen, K. McAuliffe, M. Vani, S. Terrenzio **2nd Row:** Miss Potter, H. Murphy, J. Finnigan, J. Mason, A. Sen, L. Occhionero, D. Ruggins, N. Raynor, L. Costello, S. Dodwell, A. Frascione, N. Di Pietro, H. Scott, A. Aloe, A. Lamba, A. Lam, Mrs. Cardone. **Front Row:** A. Molluso, C. Eustace, F. Grammatikakis, C. Ma, M. Kams, T. Paluzzi, E. Villavera, N. Zakhary, A. Abrokwa-Ampadu, K. Nguyen, N. Salvaggio, S. Levine, E. Risacher, K. Ming, S. Mangahas

STUART

STUARTIANS! Be aware that without each of you this year would not have been as fun as it was! A BIG thank you to Mrs. Brues and Mme Habachi whose unwavering support was really appreciated. Shannon, May, Marie and last but not least Sharon . . . You will never know just how great you were! Best of luck to all of you! Here's to you Stuart!

TARA MARTYRES
STUART HOUSE HEAD

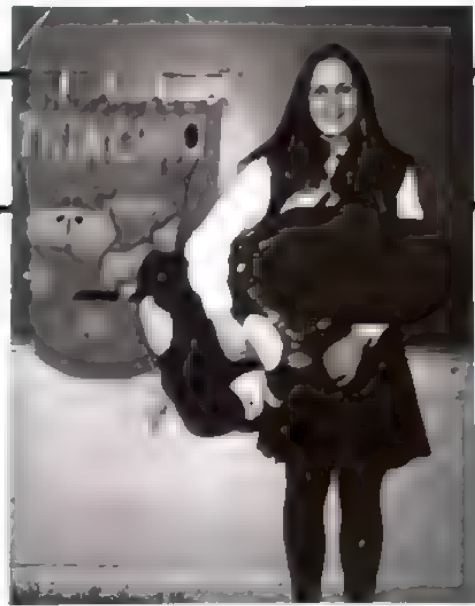


Back Row: L. Mann, J. Rawlings, E. Nimrod, T. Azeff, K. Vriniotis, M. Costaguta, T. Martyres **2nd from Back Row:** Mrs. Brues, S. Andrade, T. Giunta, A. Chong-Kwan, D. Rainford, E. McConomy, S. Husain, K. de Montigny, A. Holowka, P. Neville, S. Czuba, A. Cerroni, A. Gibbons, J. Habak, Mme Habachi **3rd Row:** C. Kosiak, M. Villanueva, R. Maloni, J. Polisenia, I. Montour, A. Maloni, S. Samuelson, G. Subido, C. Seng Yue, L. Chow, W. LaTorella, C. Berckmans, M. Handinero, L. Kuyumciyan **Front Row:** A. Tupaz, S. Andrade, S. Nguyen, C. Dickson, L. Guzzo, D. Thibeault, J. Tupaz, M. Wassef, A. Calcagnile, A. Pastorelli, N. Wassef, D. Narikot, M. Handinero, M. Quinto, M. Quinto

TRINCANO

Another year has passed and Trincanians continue to play hard. Trincano, this year we moved UP in the world. You're almost there, so keep fighting for first. Special thanks to my executives Christina, Emily, and Melissa and to Ms. Gendron and Mrs. Barnett for their sustained support. Trincano, let's sock 'em 'cuz we rock!! So come on and give me a T.R.I.N.C.A.N.O., let's go Trincano!!

THERESA LAFAVE
TRINCANO HOUSE HEAD



Back Row: T. Lafave, K. Munt, A. Kuskowska, V. Tulli, L. Marino, A. Tzemopoulos, M. Talajic, C. Dahiroc, E. Beauregard, C. Moussette, M. Garcia, K. Potvin, C. Fogarty, A. Moore Ede, L. Serpone **2nd Row:** S. Schiavi, J. Mascuana, J. Brennan, C. Flannery, C. Mohammed, A. Serravalle, E. Parziale, L. Yiptong, V. Guevremont, L. Cannata, R. Gautsch, C. Beneditti, E. Lofranco, G. Ng-Kan, D. Ruiz **Front Row:** Mrs. Barnett, M. Tomizawa, A. Alter, C. Jeffers, C. Papazian, S. Lee, S. Lopez, J. Glowacki, J. Singh, M. Rotondo, I. Khan, T. Cinquino, P. Yipton, Z. Franklin, J. Mikolajewski, Miss Gendron

TABLOID MANIA



CLUBS SPORTS

BASKETBALL CHOIR DANCE
 IMPRO FRENCH LITURGICAL
 SHE INVESTMENT DANCE
 VOLLEYBALL LECTURE
 TOASTMASTERS
 SOCCER
94
 BADMINTON
 TENNIS GYM
 VOCALE SWIM
 SOFTBALL
 X FIELD HOCKEY
 TRACK & FIELD
 X-COUNTRY SKIING
 X-COUNTRY RUNNING



CLUB SPORTS

SOCCER

Bantam soccer team

The team R King, A Le Guen, Z Muller, E Dillon, J McMahon, E Parziale, A Abrokwa-Ampadu, S Lopez, H Scott, M Lontoc-Roy, S Marra, I Khan, T Kerklaan, G Romanelli



Juvenile soccer team



The team: A. Moore Ede, C Kakabeke, T. Lafave, M. Talajic, E Khoury, C Berckmans, A. Duchesne, M Tsang, C. Jeffers, A. Gibbons, L. Penney, E. Marleau, M. Santos, J. Karpal, A. Law, L. Mason-Og, A. Abrigo, M. Lam, A. Aloe, G. Lontoc-Roy, C. Sten



VOLLEYBALL

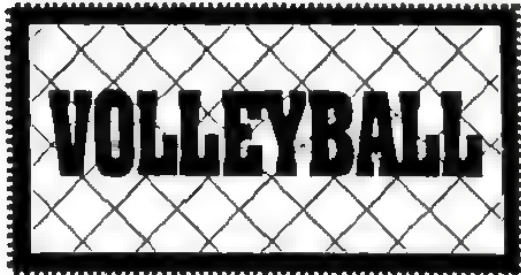


The Bantam Volleyball Team: M Short, G. Subido, C Dimnik, A. Scervallie, T Grumberg, K Durrell, J Glowacki, M. Rotondo, K Dimnik

The Midget Volleyball Team: M Villapando, S Czuba, N. Rinfret-Raynor Ming, L. Terrenzio, V. Bartolomei, A. Vellucci, C. Yum



The Juvenile Volleyball Team: M. Costaguta, C. Hedrei, L. Whissell, S. Mangahas, N. Fato, S. Gurd, A. Lewarne, S. Neeff, A. Whissell



BASKETBALL



The Bantam Basketball Team: R. Maloni, G. Subido, M. Waldin, C. Dimnik, A. Serravalle, T. Tassone, J. Wildgust, C. Dahiroc, J. Tupaz, M. Carter, S. Panunio, K. Dimnik, A. Issa

The Midget Basketball Team: L. Dore, M. Duprey, L. Penney, S. Di Lallo, A. Duchesne, L. Manon-Og, M. Powell, L. Rossi, J. Timmins, S. Issa, M. Talajic

The Juvenile Basketball Team: S. Czuba, N. Fato, N. Rinfret-Raynor, T. Del Campo, A. Tupaz, A. Abrigo, A. Lewarne, C. Kakebecke, S. Neeff

FIELD HOCKEY



The Team: S. Howick, S. Darwish, M. Lafreniere, S. Brandreth, T. Cinquino, L. Marino, M. Powell, K. Sassine, J. Timmins, A. Cerroni, T. Galluccio, A. Lamba, S. Moreira, D. Savidant, E. Beauregard, S. Powell, N. Thibault, S. Mulholland, S. Richardson

CROSS COUNTRY SKIING



The Team: S. Gales, E. Ahlgren, C. Dickson, S. Brandreth



CROSS COUNTRY RUNNING

The Team: J. De La Cruz, L. Ruggins, J. Tupaz, C. Dickson, E. Villaveria, M. De La Cruz, S. Di Lallo, J. Warwick, J. Mason, D. Savidant, H. Handinero, N. Handinero, M. Bissonnette, M. De Vito, A. Ma, E. Nimrod



TRACK & FIELD

The Team: M. Short, A. Abrokwa-Ampadu, C. Brassard, F. Grammatikakis, M. Lontoc-Roy, M. Tsang, A. Alter, A. Holowka, N. Laurin, I. Park, K. Alvarez, K. Dimnik, S. Farr, M. Lam, L. Whissell, S. Di Lallo, J. McClymont, M. Powell, M. VillaPando, J. Warwick, J. Brennan, N. Handinero, G. Lontoc-Roy, E. Khoury, O. Jelowicki, T. Nahorniak, E. Nimrod, L. Wong Kai Pun, A. Abrigo, A. Moore Ede, O. Moschopoulos

SWIMMING



The Swim Team: T. Paluzzi, I. Rudinskas, C. Ziten, C. Brassard, K. Ingram, A. Little, S. Marra, M. Hanna, A. Lagopoulos, J. Rankin, L. Guzzo, P. Cleary, V. Minkoff, J. McClymont, K. Mont, K. McAuliffe, S. Smith, H. Cheng, C. Giannandrea, L. Morantz, T. Villanyi-Bokor, E. Beauregard, S. Gurd, B. Quinlan, M. Bacchiochi, Rania Moschos, C. Stein, J. Cundy



TENNIS

The Tennis Team: C. Dimnik, L. Hattem, H. Chan, S. Gales, C. Karam, J. Auger, A. Tricione, M. Hanna, M. Lafreniere, C. Hedrei, L. Marino, L. Rossy, O. Wu, S. Mangal, Saric, G. Vallerand, C. Yau, L. Iacobacci, N. Rinfret-Raynor, C. Seng Yue, M. Talan, Velucci, J. Charlebois, L. Chow, Y. Mardelli, A. Occhionero

GYMNASTICS

The Gymnastics Team: A. Le Guen, S. Rizzo, M. Short, C. Canlas, S. Atendido, A. Holowka, C. Kosiuk, N. Laurin, T. Kerklaan, N. Bansal, K. Constantin, M. Karus, J. McClymont, L. Calvo, M. Gianfrancesco, E. Szego, E. Khoury, O. Jelowicki, C. Seng Yue, L. Wong Kai Pun, A. Thomas



SOFTBALL

The Softball Team: F. Grammatikakis, A. Holowka, S. Farr, V. Kabrita, L. Manon-Og, L. Rossy, C. Berckmans, S. Czuba, N. Rinfret-Raynor, E. Allo, E. Beauregard, A. Thomas



BADMINTON



The Badminton Team: T. Giunta, R. King, J. Ah Sue, C. Brena, H. Chan, E. Ahlgren, S. Patel, C. Charlebois, M. Jelowicki, S. Padamadan, A. Lam, G. Ng Kan, O. Wu, S. Mangahas, C. Yau, M. Villanueva, E. Dalzell, D. Padamadan, L. Terrenzio, V. Bartolomei, O. Jelowicki, T. Nahorniak, A. Vellucci, L. Chow, T. Sam, D. Tapia, D. Yoganathan, N. Thibault, A. Whissell, A. Occhionero

Modern dance club

Back Row (L to R): T. Martyres, V. Spyropoulos, D. Augustin. *Middle Row (L to R):* C. Bornasal, M. Santos, C. Atendido, M. Handinero, T. Del Campo. *Front Row (L to R):* T. Sam, N. Thibault, A. Lagopoulos, J. Tupaz



Liturgical dance club



Back Row (L to R): Z. Ortega, C. Papazian, S. Gurd, T. Hughes. *Front Row (L to R):* S. Sinanus, J. Mardelli



Gym club

Back Row (L to R): O. Jelowicki, E. Khoury, C. Seng Yuc. *Middle Row (L to R):* L. Wong, K. Constantin, S. Rizzo. *Front Row (L to R):* J. Wildgust, N. Wildgust, S. Joseph, A. Harrison, C. Kosiuk.



Drama club



Back Row (L to R): M. Bacchiocchi, E. Cardarelli.
Middle Row (L to R): T. Kokinasidis, C. Ma, D. Thibeault. *Front Row (L to R):* T. Nguyen, C. Dimnik, D. Khan.

Debating club



Back Row (L to R): M. Afzal, J. Glowacki, C. Dickson, I. Khan. *Front Row (L to R):* L. Morantz, K. Heese, C. Brassard.

Toastmasters club



Back Row (L to R): S. Nguyen, C. Casimir, T. Chen, K. Demontigny. *Front Row (L to R):* S. Terenzio, S. Moreira, A. Cerroni.

Club de français



Back Row (L to R): D. Savidant, C. Calimlim, C. Mousette, E. Risacher, A. Lam, Middle Row (L to R): S. Howick, S. Gales, C. Charlebois, J. Tapado, A. Law, K. Nguyen. Front Row (L to R): N. McGarth, Z. Muller, M. Pezdek, L. Calvo.

Club de lecture



C. Hannouche, E. Dillon, Mme Anderson.

Club d'improvisation



Back Row (L to R): D. Ritter, Mme Lamarre, S. Lopez, L. Kuyumciyan, N. Salvaggio, Front Row (L to R): M. Azar, T. Paluzzi, T. Peixc

Art club

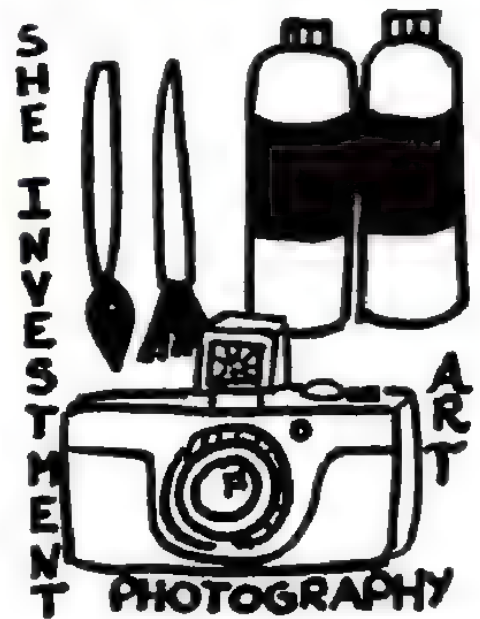
Back to Front (L to R): M. Afzal, T. Nguyen, D. Savidant, S. Rizzo, N.M. Handinero, A. Kwan, D. Augustine, H.Y. Kong, A. Kuskowska, C. Biniecki, T. Galluccio, C. Ma, J. Wong, R. Calimlim, T. Panda, L. Calvo, M. De La Cruz, C. Mohammed, E. Lofranco, M. Quinto, A. Lamba, C. De Souza.



She investmest club



Back Row (L to R): D. Yoganathan, E. Marleau, *Front Row (L to R):* M. Vani, R. Valcla, R. Gautzsch. *Absent:* R. Richardson.



Photography club

Back to Front (L to R): D. Savidant, N.M. Handinero, E. Nimrod, H.Y. Kong, A. Kuskowska, C. Biniecki, C. Yum, J. Cheng, L. Mann, E. Lofranco, I. Tetenes, A. Cerroni, S. Schiavi, T. Galluccio, J. Saric, J. Minorgan, G. Vallerand, A. Lamba, T. Panda.



Chorale club

Back Row (L to R): Miss Martel, M. Villapando, A. Aloe, R. Aquino, O. Jelownicki, H. Brodenck, L. Manon-og, X. Hatzithomas, C. Fogarty, K. Alvarez, T. Grumberg, R. Coelo, S. Joseph, C. Brassard, M. Afzal, H. Chan, A. Frascione, I. Park, K. Potvin, **Middle Row (L to R):** U. Harasymowycz, C. Pastor, M. De La Cruz, J. Brisebois, J. Wildgust, P. Neville, L. Occhionero, **Front Row (L to R):** L. Wong, A. Tupaz, T. Nahorniak, T. Cinquino, L. Guzzo, T. Del Campo, S. Lopez



Liturgical choir



Director: Mr. Shaw, Student Head: Margaret Covey



Vocal ensemble

Back Row (L to R): E. Casella, C. Yau, C. Mohammed, N. Thibault, C. Bornasal, L. Chow, L. Champagne, S. Richardson, A. Simoes, **Middle Row (L to R):** U. Harasymowycz, E. McConomy, A. Atendido, M. Santos, T. Nahorniak, C. Seng Yue, R. Narasimhadavara, E. Ruscher, J. Finnegan, Miss Martel, **Front Row (L to R):** A. Abngo, L. Manon-Og, T. Cinquino, L. Guzzo, M. Quinto, S. Spina, B. Quinlan



SPECIAL EVENTS '94

SPECIAL

E V E N T S



S P E C I A L

E V E N T S

FUND-RAISERS



This year's fund-raisers proved to be very successful. They included bake sales, free dress days, and a school dance to only name a few events. The money collected will be donated to various charities across Montreal. We will also be helping other Sacred Heart schools and all our money will be given to our family in India.



"ASTRONAUT BRINGS KIDS DOWN TO EARTH WITH ENVIRONMENT WARNING"

This year we had the pleasure of welcoming Canada's first woman astronaut, Dr. Roberta Bondar, to our school. As the above headline taken from the Gazette, Wednesday, May 18 implies, Dr. Bondar talked to us about environmental dangers that we face in our world today. Her visit on behalf of the Friends of the Environment Foundation was greatly anticipated and much enjoyed. Many students prepared environmental projects to display. We also presented Dr. Bondar with a Sacred Heart sweatshirt and cap in memory of her visit.



“
I have seen the Earth from
a perspective that few peo-
ple will ever share. It drove
home that life on our planet
is very fragile.
”

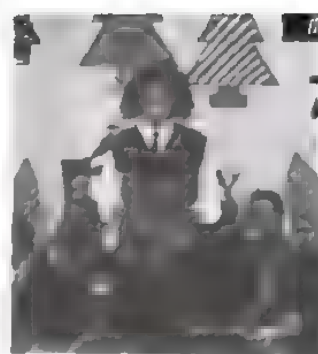
FATHER DAUGHTER BREAKFAST



MOTHER DAUGHTER TEA



CHRISTMAS WISHES



This year at Christmas wishes we broke with tradition. Instead of the usual offering of gifts to the faculty we chose to give of ourselves. The Christmas play was inspiring to all. As Carina Papazian, vice-president, said, "As the world unites and celebrates, it seems that the most unexpected miracles could occur at this time, where love fills every household."

DASHABUSTADD



"Welcome to Hollywood" was this year's theme for Dashabustadd. We began in the cafeteria, where we shared breakfast with faculty. At breakfast we mingled and showed our appreciation for all their encouragement. Our next stop was the Reception Room where we were entertained by the exciting Talent Show. Our journey ended on a "sunny" note when Mrs. Flynn joined us in song. The day was a complete success.



CARNIVAL '94



Sacred Heart, Loyola, Villa Maria and Q.A.A., joined together once again this year to participate in the Carnival activities. This year's activities included opening ceremonies, ski day, Recreatheque, sugaring off and the light show ball. Sugaring off changed this year and included new activities such as Sumo Wrestling, Velcro Wall, and the Human Bowling Ball.

All in all Carnival '94 Winterama was a great amount of fun.



WALK-A-THON '94



Sacred Heart, Loyola, Villa Maria and QAA students walked to the tune of "We will walk 5000 miles" this year. And that they did! It was a fun-filled day, but also a productive one. All pledges went to help Montreal's needy at Nazareth House



GYM DEMONSTRATION



The MJ Globetrotters showed us that by putting our strengths together we can do anything. The gym dem demonstrated our school's athletic abilities while entertaining us with the competition between the "nerds" and "jocks". In the end combining both of their strengths they showed us the path to success.

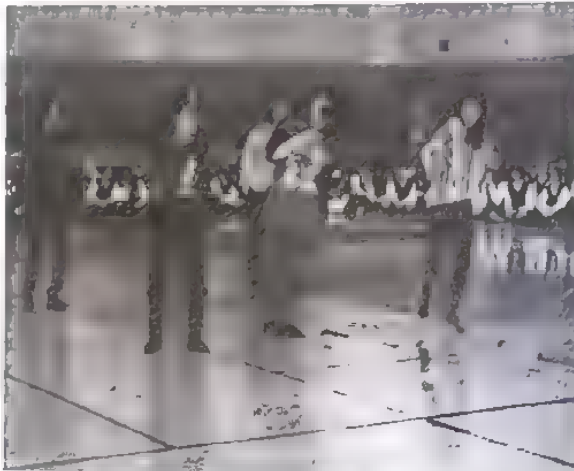


GYM DEM



**M.J. GYM
TROTTERS**

'94



DRAMA PRODUCTION '94



This year's play was an adaptation of a Tim Rice and Andrew Lloyd Webber Broadway musical. As a member of the cast, I realized all the effort that is involved in mounting a stage production. However, it also proved to be an unforgettable experience.



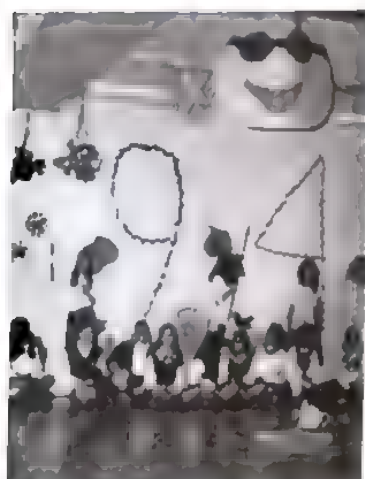
A Tim Rice & Andrew Lloyd Webber Musical



AMASC PINS CEREMONY AND SECONDARY V ENTERTAINMENT



The Secondary V's became alumnae of the Sacred Heart when they received their AMASC pins on May 26, 1994. Mother Johnson was there to give out the pins on the momentous day. The ceremony was followed by a Hawaiian theme entertainment, hosted by the Secondary IV's. The graduates listened to some scary stories, ate some marshmallows, did the limbo, and enjoyed supper together. What had started off with a plane crash ended up being a fun-filled evening of adventure on a secluded island.



OUTINGS



Vocal Ensemble singing in Toronto



Secondary IV retreat



The secondary IV's outside the Governor General's residence in Ottawa



UNDERGRADS





BLAST FROM . . .



. . . THE PAST

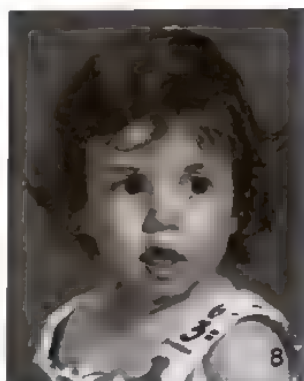
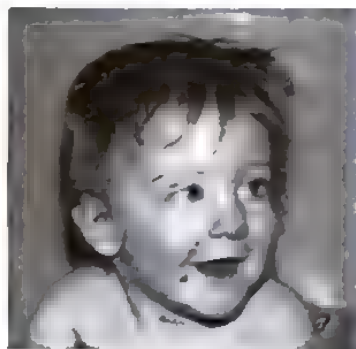


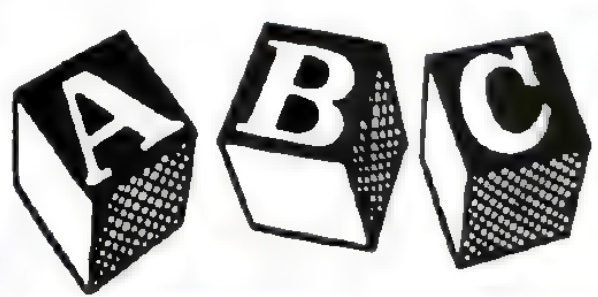
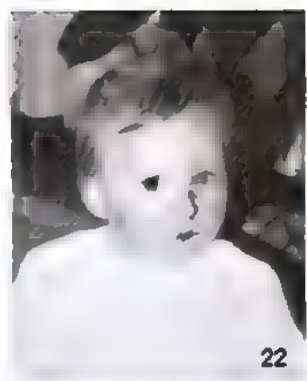
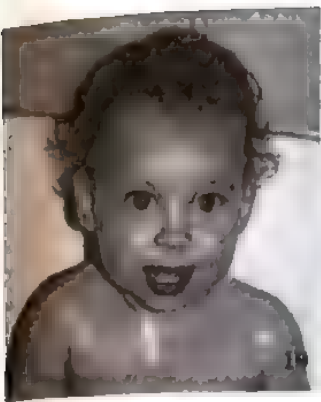
F L A S H
B A C K

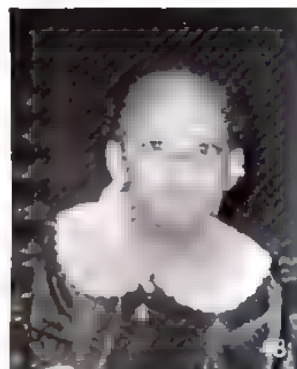
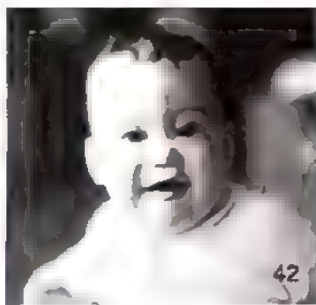


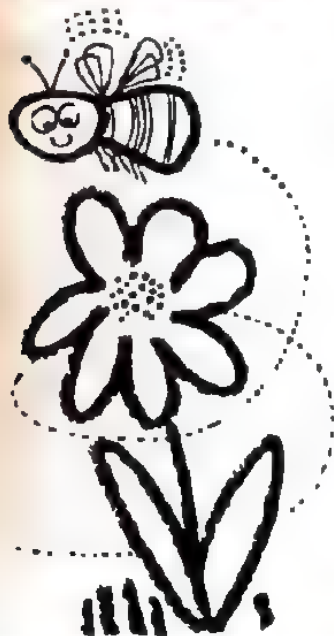
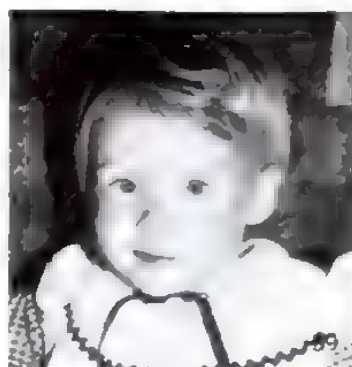


B A B Y
L O V E

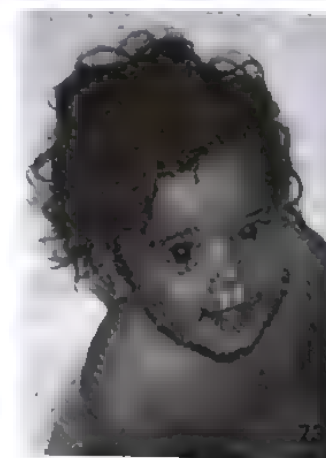
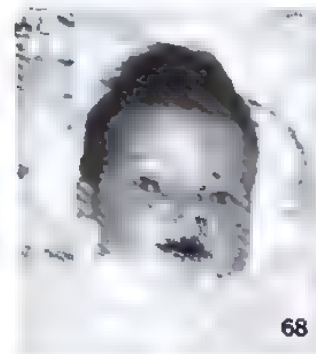
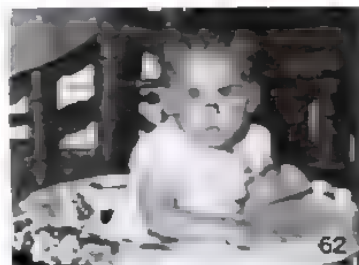
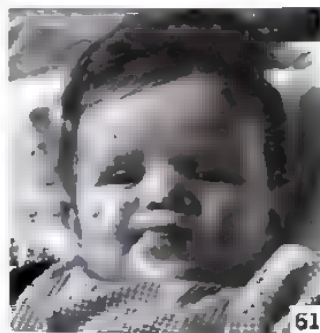








Babies . . .
the world's
sweetest
flowers



MOST LIKELY TO . . .

- 1 ALLISON ABRIGO . . . become 6 feet tall
- 2 STEPHANIE ANDRADE . . . become a U.S. citizen and replace Amy Fisher
- 3 STEPHANIE ANSELL . . . owe Sabrina \$10,000 and pay her back in pennies
- 4 KAREN ASHJIAN . . . find out she's JFK Jr.'s illegitimate daughter
- 5 CHERYL ANTENDIDO . . . have her voice crack while singing the American national Anthem at the World Series
- 6 TRACEY AZEFF . . . become Bill Clinton's personal trainer
- 7 MARISA BACCHIOCHI . . . fall over at her own wedding because her pack is too heavy
- 8 CHRISTINA BENEDETTI . . . own a food store chain
- 9 CHRISTINE BORNASAL . . . die of a Coca-cola overdose
- 10 CHARISMA CANLAS . . . have a fit because the 3:15 bell rang 2 seconds late
- 11 CORINNE CASIMIR . . . star in her own soap opera
- 12 LYNN CHAMPAGNE . . . cause a car accident for driving too slowly
- 13 JENNIFER CHARLEBOIS . . . giggle herself to death
- 14 TRICIA CHEN . . . replace the host of "Travel Travel"
- 15 LISA CHOW . . . start a rumor about herself and not know about it
- 16 CLAUDIA COPPOLA . . . overdose on crack(ers)
- 17 LYNDY COSTELLO . . . marry a Russian vampire
- 18 MARGARET COVEY . . . form a Leonard Cohen cult
- 19 JODY CUNDY . . . write steamy romance novels whose heroes are always a cowboy named Danny Angel
- 20 NINA DAVIS . . . marry a white man
- 21 KAREN DEMONTIGNY . . . patent the first arm sex-puppet
- 22 NINA DI PIETRO . . . live long and prosper
- 23 CINTHIA FERRARESI . . . marry someone rich and twice her age
- 24 MARIA GARCIA . . . die of spontaneous combustion and not even know what it was
- 25 RENEE GAUTZSCH . . . have her wedding reception at Al Van Hout
- 26 ANDREA GURD . . . die of a heart attack after her first visit to the Biftheque
- 27 JACKIE HABAK . . . become James' twin
- 28 TRACY HUGHES . . . get her license revoked
- 29 CAROLYN KAKEBEEK . . . develop a birth mark at age 16
- 30 BOJANA KOLBAH . . . design a special kind of book supporting radiator and sell it to SHSM for a lot of house points
- 31 MARIA KOSTIC . . . become the chef for The Grateful Dead
- 32 THERESA LAFAYE . . . marry rich, buy all of St. Anne's and leave her husband for a bouncer
- 33 ANDREA LEWARNE . . . be the best grape peeler in the world
- 34 DIANA LUCIFERO . . . disprove Einstein's theory of relativity and rename it the Italian Stallion theory
- 35 MONIKA MARCZUK . . . get arrested trying to get into Pink Floyd's dressing room
- 36 YASMINE MARDELLI . . . have an accident while dancing
- 37 LIZ MARLEAU . . . own a ski shop above Annie's and call it "Smor's colors"
- 38 TARA MARTYRES . . . lead a double life: tour guide by day, tap dancer by night
- 39 IRIS MONTAUR . . . marry Elton John and divorce him a week later
- 40 AMY MOORE EDE . . . become a freckle
- 41 RANIA MOSCHOPOULOS . . . choke on her feet
- 42 SHEENA MULHOLLAND . . . be the only living fan of Poison left
- 43 SARAH NEEFF . . . wipe out the entire universe with her sneeze
- 44 PAULA NEVILLE . . . write a novel while filling out the suggestions box at McDonald's
- 45 SHARON NGUYEN . . . host her own info-mercial selling Memory Books
- 46 ANGELA OCCHIONERO . . . be elected mayor of Myrtle Beach
- 47 LISA-MARIA OCCHIONERO . . . move to L.A., take up a career in acting and marry her babe Stephen Dorff
- 48 ZAHRA ORTEGA . . . have an affair, again and again and again and again . . .
- 49 CINDY PALUZZI . . . worry about her own funeral
- 50 CARINA PAPAIZIAN . . . die of a stress-related disease at an early age
- 51 JULIE POLISENA . . . be on the cover of Time magazine with Vittorio Rossi and Richard Zeppieri
- 52 STEPHANIE POWELL . . . marry Pete, buy horses and raise their kids on a farm
- 53 STEPHANIE RICHARDSON . . . marry Pavel Bure, live in a Russian suburb and have 3.2 kids
- 54 TRICIA SAM . . . injure someone with her hair while head banging
- 55 SUZIE SAMUELSON . . . become a motivational speaker
- 56 MARIE SANTOS . . . be the next actress casted for the role of Morticia Addams
- 57 ANANYA SEN . . . receive counselling for post-test trauma
- 58 AMY SIMOES . . . live in Calcutta next to Mother Theresa
- 59 SHEILA SIMS . . . show up late for her own wedding
- 60 SABRINA SINANIS . . . marry the owner of the Dome and divorce him over \$4.04
- 61 SABRINA SPINA . . . become a model for tooth paste
- 62 CLAUDIANE STEIN . . . meet the queen and give her an unintentional dirty look
- 63 CATHERINE STEVENS . . . be absent for her own funeral
- 64 DARLENE TAPIA . . . fall asleep on her honeymoon
- 65 STEFANIA TERRENZIO . . . buy her own cheese cake factory
- 66 NATHALIE THIBAUT . . . marry someone and forget his name
- 67 ALEX THOMAS . . . slam dance into cars professionally
- 68 VANESSA TULLI . . . scrape Alex off the pavement professionally
- 69 ROSELLA VALELA . . . discover the Caramilk secret
- 70 MELANIE VANI . . . cause a divorce between Tom Cruise and Nicole Kidman
- 71 ERIN WALKER . . . get indigestion from all the food she mounded off everyone
- 72 ANITA WHISELL . . . publish a personalized dictionary entitled "The Language of Mary and Joe"
- 73 DEEPA YOGANATAN . . . never make it as a doctor because of her true calling as a butter churner

ACQUILINE KENNEDY ONASSIS
1929 - 1994

Separation anxiety
Canada & Quebec

USA94



Levi's

The Killing Fields of Rwanda

UNITED COLORS
OF BENETTON

the year

Headlines 1994



Schindler's List

 Nazis in the '90s



"GO, O.J., GO!"

When the police entered
Cobain's home, they found a
potgun still pointed at his chin



Under Arrest



Lillehammer '94

SURGEON GENERAL'S WARNING: Smoking
Causes Lung Cancer, Heart Disease,
Emphysema, And May Complicate Pregnancy.

POETRY, ART, &



WEeping WILLOW TREE

The moon was out, the stars shone bright,
Out in the country, on a beautiful starry night.
The ground was so full of flowers, it could not be seen
By the young lovers, who walked in a dream.
The girl, whose name was Willow,
Lay her head on the boy's shoulder, using it as a pillow.
They remembered the prophesy, that harm was kept at bay,
By this enchanted garden, but only during the night, and not
day.
They fell asleep, in their innocent love,
And night slipped away on the wings of a dove.
The sun rose, and still they slept,
While into the garden, the keeper crept.
He noticed the couple, as they lay in a tranquil sleep,
And the keeper knew that them he could keep.
He woke them, to say their last farewell,
As a morose robin sang, like a warning bell.
The keeper danced around and showed his mirth,
As he changed the boy into soil, and named him "Earth"
He turned to the girl, whose soul cried,
For the boy, and life, which without him she could not
abide.
He named her arms branches, and rooted her feet,
She cried all the more now that she knew what fate she would
meet.
Her branches bent towards the soil,
She never stopped weeping and was always loyal.
She came to be known as the weeping willow, and with each
year's birth,
Her branches leaned towards the ground, forever trying to
reach her beloved Earth.

ADA KUSKOWSKI SECONDARY IV



LITERATURE



PETEY'S FRIENDS

"Come on, Petey. Forget about Fred. We have to go."

"I can't forget about Fred; he's my best friend. And don't call me Petey. I'm all grown up. I'm six now!"

"You're right, Peter. But ."

"Here he is!", Petey interrupted triumphantly. Mrs. Fleming sighed inwardly as she thought about Petey's imaginary friend, Fred. She wondered if he would ever grow out of the stage. This "stage" had lasted over a year, and Petey was driving her crazy with it. Maybe things would change when he made a real friend at school, she consoled herself.

A little bit later that morning, on the way to his first day of school, Petey found himself thinking about the possibility of having another friend, one everybody could see. He was not sure if he liked the thought. Fred liked him, never did anything mean, and was always around when he needed him, but it might be interesting to have an actual person for a friend.

After a short walk, Petey and Mrs. Fleming reached the school. Mrs. Fleming was worried about whether Peter would let her leave, but he simply said, "Okay, bye Mommy."

"Bye Sweetie. See you at twelve o'clock."

Petey bravely climbed the front steps and walked into the classroom, but suddenly he turned and ran back to where his mother was still standing.

"Mommy! I don't want to go to school. No one will like me!"

"Oh, don't worry, Peter," she said as she ruffled his hair. "Come with me. I will help you to meet someone."

They walked back into the classroom together. Standing there was a little boy, crying and saying to his mother, "I won't have fun. No one wants to be my friend."

Petey looked at his mother, then at the boy, and walked over to him.

"I'll be your friend", he said quietly.

"You will? Thank you. My name is John. What's yours?"

The two boys began to chat away as if they had known each other forever. Mrs. Fleming and Mrs. Clarke, John's mother, talked to each other too.

"I was worried about John", Mrs. Clarke commented. "He has an imaginary friend, Jerry, and I didn't know if he'd make any real friends."

"Same with Petey," exclaimed Mrs. Fleming, "but they're having so much fun together that I'm sure they've already forgotten about their imaginary friends," she echoed.

Across the room, Petey sat with his old friend, Fred, and his new friends, John and Jerry.

SARAH PANUNTO SECONDARY II



DARKNESS

I sit alone

Alone in the dark

Not one ray of light

filters in to break this cloud
of Darkness surrounding me

I feel trapped

Everywhere I turn I see it

Darkness

The feeling of utter loneliness falls
upon my shoulders

A heavy burden never to be lifted

But don't take pity on me

I despise pity

Pity is for the weak

I am not weak

I am only blind

TRICIA SAMS, SECONDARY V

STUDENT GOVERNMENT EXECUTIVE



Sarah Neeff - President
Carina Papazian - Vice-President



Allison Abrigo - G A A president



Nathalie Thibault - Secretary
Deepa Yoganathan - Treasurer



Prefects 1994

This year with you has been GREAT! Special thanx to Mrs. Flynn for putting up with us and being there when we needed support. We would also like to thank all of the students for making the year so exciting. We will never forget our senior year.

MEMORY BOOK COMMITTEE



Diana Lucifero
Editor-in-chief

Being editor-in-chief of this year's memory book proved to be an exciting yet challenging experience. Luckily, I had a dedicated committee and some wonderful people to help me along the way. I would especially like to thank our Memory Book advisor, Mrs. Serpone, who was always helpful and supportive. As you can see, there have been quite a number of changes made to the Memory Book, ones that I hope you agree are for the better. I am very proud of this project and, in the future, I hope that it will help you remember what a great year 1994 was at Sacred Heart!

The rest of the committee:

Design Editor:	Nathalie Thibault
Literary Editor:	Stefania Terrenzio
Photography Editor:	Angela Occhionero
Contributing Editors:	Elisa Casella
	Andrea Gurd
Business Managers:	Sharon Nguyen
	Sabrina Spina
Memory Book Advisor:	Mrs. Linda Serpone



SPONSORS

The Memory Book Committee would like to thank the following sponsors for their donations. In addition, we would also like to express our gratitude to the Sacred Heart Mothers' Guild for their generous financial support, cooperation and understanding. This project would not have been possible without them.

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Champlain Regional College

A. Di Stefano of Garderie La Petite École De Brossard

J.F. Braunwell, Roof Consultant L.T.D.

Merete Dodwell

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Eagle Hosiery

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*L'Ecole Sacré-Coeur de Montréal
The Sacred Heart School of Montreal
Mother's Guild
3635 Atwater Avenue
Montreal, Quebec
H3H 1Y4*

Dear Graduates,

The Mothers' Guild has been extremely impressed by all the hard work and creative strategies that have been used in the production of this year's Memory Book. We are proud to sponsor it and hope that it brings you many happy memories and moments of nostalgia as you leaf through it in years to come.

On behalf of the Mothers' Guild, I would also like to take this opportunity to congratulate the Class of '94 on your graduation and to wish you much luck in your future studies.

Sincerely,

Colleen Feeney
Colleen Feeney, President



